

**LIST OF IAAF CERTIFIED MARATHON AND HALF MARATHON COURSES**

Updated 18 October 2019

(includes 25km and 30km courses valid for Marathon World Rankings)



Country	City	Name of Race	Event	Drop and Separation
ALB	Tirana	Tirana Half Marathon	Half Marathon	IAAF rule compliant
ALG	Alger	Marathon international d'Alger	Marathon	IAAF rule compliant
ALG	Bejaia	Semi marathon international de la ville de Bejaia	Half Marathon	IAAF rule compliant
ARG	Buenos Aires	21K Buenos Aires	Half Marathon	IAAF rule compliant
ARG	Buenos Aires	Maratón Int'l de la Ciudad de Buenos Aires	Marathon	IAAF rule compliant
ARG	Mendoza	Maratón Int'l de Mendoza	Marathon	Downhill (-10.7 m/km), Separation >50%
ARG	Santa Rosa	Maratón Int'l "A Pampa Taviesa"	Marathon	IAAF rule compliant
ARM	Yerevan	Yerevan Half Marathon	Half Marathon	IAAF rule compliant
ARM	Yerevan	Yerevan Marathon	Marathon	IAAF rule compliant
ARU	Aruba (Eagle Beach)	KLM Aruba Marathon	Marathon	IAAF rule compliant
AUS	Adelaide	Adelaide Westpac City-Bay Half Marathon	Half Marathon	IAAF rule compliant
AUS	Adelaide	Adelaide Marathon Festival - Half Marathon	Half Marathon	IAAF rule compliant
AUS	Adelaide	Adelaide Marathon Festival - Marathon	Marathon	IAAF rule compliant
AUS	Albury	Murray River Half Marathon	Half Marathon	IAAF rule compliant
AUS	Albury	Murray River Marathon	Marathon	IAAF rule compliant
AUS	Alice Springs	Alice Springs Half Marathon	Half Marathon	IAAF rule compliant
AUS	Alice Springs	Alice Springs Marathon	Marathon	IAAF rule compliant
AUS	Bendigo	Bendigo Bank Half Marathon	Half Marathon	IAAF rule compliant
AUS	Bibra Lake	Bibra Lake Running Festival - Half Marathon	Half Marathon	IAAF rule compliant
AUS	Bibra Lake	Bibra Lake Running Festival - Marathon	Marathon	IAAF rule compliant
AUS	Blacktown	Westlink M7 Blacktown Half Marathon	Half Marathon	IAAF rule compliant
AUS	Blacktown	Westlink M7 Cities Marathon	Marathon	IAAF rule compliant
AUS	Brighton	Sandy Point Half Marathon	Half Marathon	IAAF rule compliant
AUS	Brisbane	Brisbane's Great South Run Half Marathon	Half Marathon	IAAF rule compliant
AUS	Brisbane	Pedders Half Marathon Brisbane	Half Marathon	IAAF rule compliant
AUS	Brisbane	Mc Donald's Brisbane Marathon	Marathon	IAAF rule compliant
AUS	Brisbane	River Run / Medals Australia Marathon	Marathon	IAAF rule compliant
AUS	Broadbeach	Gold Coast 30km	30 km	IAAF rule compliant
AUS	Bunbury	Bunbury Half Marathon	Half Marathon	IAAF rule compliant
AUS	Bunbury	Bunbury Marathon	Marathon	IAAF rule compliant
AUS	Canberra	Canberra Half Marathon	Half Marathon	IAAF rule compliant
AUS	Canberra	Canberra Marathon	Marathon	IAAF rule compliant
AUS	Fremantle	Fremantle Running Festival Half Marathon	Half Marathon	IAAF rule compliant
AUS	Gosford	Bay to Bay Half Marathon	Half Marathon	IAAF rule compliant
AUS	Greater Springfield	Greater Springfield Half Marathon	Half Marathon	Downhill (-1.6 m/km)
AUS	Greater Springfield	Greater Springfield Marathon	Marathon	IAAF rule compliant
AUS	Homebush	Nike+ Run Club Women's Half Marathon	Half Marathon	IAAF rule compliant
AUS	Ipswich	Ipswich Park2Park Half Marathon	Half Marathon	IAAF rule compliant
AUS	Mackay, QLD	Oceania Masters Athletics Championships 2019 / Half Marathon	Half Marathon	IAAF rule compliant
AUS	Mandurah	APES Games Half Marathon	Half Marathon	IAAF rule compliant
AUS	Melbourne	Medibank Melbourne Half Marathon	Half Marathon	IAAF rule compliant
AUS	Melbourne	Run Melbourne Half Marathon	Half Marathon	IAAF rule compliant
AUS	Melbourne	Medibank Melbourne Marathon	Marathon	IAAF rule compliant
AUS	Mooloolaba	Sunshine Coast Half Marathon	Half Marathon	IAAF rule compliant
AUS	Mooloolaba	Sunshine Coast Marathon	Marathon	IAAF rule compliant
AUS	Newcastle	Hill 2 Harbour / Marathon Tyres Half Marathon	Half Marathon	IAAF rule compliant
AUS	Newcastle	iStadium Half Marathon	Half Marathon	IAAF rule compliant
AUS	Newcastle	Newcastle Marathon	Marathon	IAAF rule compliant
AUS	Noosa	Runaway Noosa Half Marathon	Half Marathon	IAAF rule compliant
AUS	Noosa	Runaway Noosa Marathon	Marathon	IAAF rule compliant
AUS	Pallara, Queensland	Running CEOs Half Marathon	Half Marathon	IAAF rule compliant
AUS	Perth	HBF Run for a Reason Half Marathon	Half Marathon	IAAF rule compliant
AUS	Perth	Matrix Partners Perth Half Marathon	Half Marathon	IAAF rule compliant
AUS	Perth	Perth City to Surf Half Marathon	Half Marathon	IAAF rule compliant
AUS	Perth	Perth Running Festival - Half Marathon	Half Marathon	IAAF rule compliant
AUS	Perth	Rottnest Half Marathon	Half Marathon	IAAF rule compliant
AUS	Perth	World Half Marathon Challenge - Australian Leg	Half Marathon	IAAF rule compliant
AUS	Perth	Perth City to Surf Marathon	Marathon	IAAF rule compliant
AUS	Perth	Perth Running Festival - Marathon	Marathon	IAAF rule compliant
AUS	Perth	Rottnest Marathon	Marathon	IAAF rule compliant
AUS	Perth	World Marathon Challenge - Australian Leg	Marathon	IAAF rule compliant
AUS	Pokolbin, NSW	Hunter Winery Marathon	Half Marathon	IAAF rule compliant
AUS	Pokolbin, NSW	Hunter Moon Marathon	Marathon	IAAF rule compliant
AUS	Quorn	Pichi Richi Half Marathon	Half Marathon	Separation >50%
AUS	Quorn	Pichi Richi Marathon	Marathon	Separation >50%
AUS	Robina	Gold Coast Bulletin Half Marathon	Half Marathon	IAAF rule compliant
AUS	Runaway Bay	Gold Coast Runaway Bay Marathon	Marathon	IAAF rule compliant
AUS	Shepparton	Shepparton Half Marathon	Half Marathon	IAAF rule compliant
AUS	Shepparton	Shepparton Marathon	Marathon	IAAF rule compliant
AUS	Southport	Gold Coast Half Marathon	Half Marathon	IAAF rule compliant
AUS	Southport	Commonwealth Games Marathon	Marathon	IAAF rule compliant
AUS	Southport	Gold Coast Marathon	Marathon	IAAF rule compliant
AUS	Sydney	Sydney Half Marathon	Half Marathon	IAAF rule compliant
AUS	Sydney	Sydney Morning Herald Half Marathon	Half Marathon	IAAF rule compliant
AUS	Sydney	Sydney Marathon	Marathon	IAAF rule compliant
AUS	Tanunda	Barossa Half Marathon	Half Marathon	IAAF rule compliant
AUS	Tanunda	Barossa Marathon	Marathon	IAAF rule compliant
AUS	The Entrance	Central Coast Half Marathon	Half Marathon	IAAF rule compliant
AUS	Townsville	Townsville Half Marathon	Half Marathon	IAAF rule compliant
AUS	Townsville	Townsville Marathon	Marathon	IAAF rule compliant
AUS	Wangaratta	Ned Kelly Half Marathon Wangaratta	Half Marathon	IAAF rule compliant
AUS	Wangaratta	Wangaratta Half Marathon	Half Marathon	IAAF rule compliant
AUS	Wangaratta	Ned Kelly Marathon Wangaratta	Marathon	IAAF rule compliant
AUS	Wangaratta	Wangaratta Marathon	Marathon	IAAF rule compliant
AUS	Wamers Bay	Lake Macquarie Half Marathon	Half Marathon	IAAF rule compliant
AUS	Yeppoon	Capricorn Coast Half Marathon	Half Marathon	IAAF rule compliant
AUT	Bad Waltersdorf	ORF Radio Steiermark lauf halbmarathon	Half Marathon	IAAF rule compliant
AUT	Bregenz	3-Lander Skinfit Half Marathon	Half Marathon	IAAF rule compliant
AUT	Bregenz	3-Lander Sparkasse Marathon	Marathon	IAAF rule compliant
AUT	Graz	Kleine Zeitung Graz Half Marathon	Half Marathon	IAAF rule compliant

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(includes 25km and 30km courses valid for Marathon World Rankings)



Country	City	Name of Race	Event	Drop and Separation
AUT	Graz	Sorger Graz Half Marathon	Half Marathon	IAAF rule compliant
AUT	Graz	Kleine Zeitung Graz Marathon	Marathon	IAAF rule compliant
AUT	Klagenfurt	Intl Halfmarathon Kärnten Läufe	Half Marathon	IAAF rule compliant
AUT	Krems	Wachau Halbmarathon	Half Marathon	IAAF rule compliant
AUT	Krems	Wachau Marathon	Marathon	IAAF rule compliant
AUT	Linz	Linz Donau Halbmaraton	Half Marathon	IAAF rule compliant
AUT	Linz	Borealis Linz Donau Marathon	Marathon	IAAF rule compliant
AUT	Salzburg	Salzburg Half Marathon	Half Marathon	IAAF rule compliant
AUT	Salzburg	Salzburg Marathon	Marathon	IAAF rule compliant
AUT	Vienna	International Vienna City Half Marathon	Half Marathon	IAAF rule compliant
AUT	Vienna	Wien Donauzentrum Half Marathon	Half Marathon	IAAF rule compliant
AUT	Vienna	International Vienna City Marathon	Marathon	IAAF rule compliant
BAH	Nassau	Bahamas Half Marathon	Half Marathon	IAAF rule compliant
BAH	Nassau	Bahamas Marathon	Marathon	IAAF rule compliant
BAH	Oasis of the Seas Cruise Ship	Oasis of the Seas Half Marathon	Half Marathon	IAAF rule compliant
BAH	Oasis of the Seas Cruise Ship	Oasis of the Seas Marathon	Marathon	IAAF rule compliant
BAN	Dhaka	Dhaka Marathon	Marathon	IAAF rule compliant
BAR	Bridgetown	Run Barbados Half Marathon	Half Marathon	IAAF rule compliant
BAR	Bridgetown	Run Barbados Marathon	Marathon	IAAF rule compliant
BEL	Antwerp	Linker Oevert Half Marathon	Half Marathon	IAAF rule compliant
BEL	Antwerp	AG Antwerpen marathon	Marathon	IAAF rule compliant
BEL	Antwerp	Linker Oevert Marathon	Marathon	IAAF rule compliant
BEL	Breendonk	Great Brewerles 25km	25 km	IAAF rule compliant
BEL	Breendonk	Great Brewerles Marathon	Marathon	IAAF rule compliant
BEL	Brussels	Brussels Airport Half Marathon	Half Marathon	IAAF rule compliant
BEL	Brussels	Brussels Airport Marathon	Marathon	IAAF rule compliant
BEL	Torhout	Torhout Half Marathon	Half Marathon	IAAF rule compliant
BEL	Torhout	Torhout Marathon	Marathon	IAAF rule compliant
BER	Hamilton	Bermuda Half Marathon	Half Marathon	IAAF rule compliant
BER	Hamilton	Bermuda Marathon	Marathon	IAAF rule compliant
BIH	Banja Luka	Banja Luka Half Marathon	Half Marathon	IAAF rule compliant
BIH	Banja Luka	Banja Luka Marathon	Marathon	IAAF rule compliant
BIH	Brod	Brod	Half Marathon	IAAF rule compliant
BIH	Cazin	Cazin Half Marathon	Half Marathon	IAAF rule compliant
BIH	Cazin	Cazin Marathon	Marathon	IAAF rule compliant
BIH	Gradiska	Gradiski Half Marathon	Half Marathon	IAAF rule compliant
BIH	Mostar	Mostar Half Marathon	Half Marathon	IAAF rule compliant
BIH	Sarajevo	Sarajevo Coca Cola Half Marathon	Half Marathon	IAAF rule compliant
BIH	Tuzla	Tuzla Night Half Marathon	Half Marathon	IAAF rule compliant
BLR	Minsk	Volkswagen Minsk Half Marathon	Half Marathon	IAAF rule compliant
BOL	Santa Cruz	Terbonova Media Maratón	Half Marathon	IAAF rule compliant
BOL	Santa Cruz	Maratón de Santa Cruz de la Sierra	Marathon	IAAF rule compliant
BOT	Gaborone	Diacore Gaborone Half Marathon	Half Marathon	IAAF rule compliant
BOT	Gaborone	Diacore Gaborone Marathon	Marathon	IAAF rule compliant
BRA	Brasilia	BSB City Half Marathon Brasilia	Half Marathon	Downhill (-4.3 m/km)
BRA	Rio de Janeiro	Meia Maratóna Intl do Rio de Janeiro	Half Marathon	Separation >50%
BRA	Rio de Janeiro	Maratona da Cidade do Rio de Janeiro	Marathon	Separation >50%
BRA	São Paulo	Meia Maratona Internacional da Cidade de São Paulo	Half Marathon	IAAF rule compliant
BRA	São Paulo	Sao Paulo Int'l Marathon	Marathon	IAAF rule compliant
BRN	Manama	Bahrain Night Half Marathon	Half Marathon	IAAF rule compliant
BUL	Plovdiv	Plovdiv Marathon	Marathon	IAAF rule compliant
BUL	Sofia	Wizz Air Sofia Half Marathon	Half Marathon	IAAF rule compliant
BUL	Sofia	Wizz Air Sofia Marathon	Marathon	IAAF rule compliant
BUL	Stara Zagora	Stara Zagora Half Marathon	Half Marathon	IAAF rule compliant
BUL	Stara Zagora	Stara Zagora Marathon	Marathon	IAAF rule compliant
CAM	Phnom Penh	Phnom Penh International Half Marathon	Half Marathon	IAAF rule compliant
CAM	Siem Reap	Angkor Empire Half Marathon	Half Marathon	IAAF rule compliant
CAM	Siem Reap	Angkor Empire Marathon	Marathon	IAAF rule compliant
CAM	Sihanoukville	Sihanoukville International Half Marathon	Half Marathon	IAAF rule compliant
CAN	Calgary, AB	Calgary Half Marathon	Half Marathon	IAAF rule compliant
CAN	Calgary, AB	Calgary Marathon	Marathon	IAAF rule compliant
CAN	Carp, Ontario	MEC Dad's Day Dash - Half Marathon	Half Marathon	IAAF rule compliant
CAN	Cornwall, Ontario	Cornwall Run to End MS Marathon	Marathon	Separation >50%
CAN	Edmonton, AB	Edmonton Half Marathon	Half Marathon	IAAF rule compliant
CAN	Edmonton, AB	Edmonton Marathon	Marathon	IAAF rule compliant
CAN	Gatineau Park	The MEC Gatineau Park Half Marathon	Half Marathon	IAAF rule compliant
CAN	Gatineau Park	The MEC Gatineau Park Marathon	Marathon	IAAF rule compliant
CAN	Halifax, Nova Scotia	Blue Nose Half Marathon	Half Marathon	IAAF rule compliant
CAN	Halifax, Nova Scotia	Scotiabank Blue Nose Marathon	Marathon	IAAF rule compliant
CAN	Hamilton, Ontario	Hamilton Half Marathon Road2Hope	Half Marathon	Downhill (-5.9 m/km)
CAN	Hamilton, Ontario	Hamilton Marathon Road2Hope	Marathon	Downhill (-3.0 m/km)
CAN	Hecla, Manitoba	Lakeview Hecla Half Marathon	Half Marathon	IAAF rule compliant
CAN	Liverpool, Nova Scotia	Run Our Shore Half Marathon	Marathon	IAAF rule compliant
CAN	London, Ontario	Run for Retina Research Half Marathon	Half Marathon	IAAF rule compliant
CAN	Mission, BC	Mission Half Marathon	Half Marathon	IAAF rule compliant
CAN	Niagara Falls	Niagara Falls Half Marathon	Half Marathon	IAAF rule compliant
CAN	Ottawa	MEC Spring Flyer Half Marathon Ottawa	Half Marathon	IAAF rule compliant
CAN	Ottawa, ON	Ottawa Half Marathon	Half Marathon	IAAF rule compliant
CAN	Ottawa, ON	Ottawa Marathon	Marathon	IAAF rule compliant
CAN	Perth, Ontario	Perth Kilt Marathon	Marathon	IAAF rule compliant
CAN	Québec City	Half Marathon SSQ de Québec	Half Marathon	IAAF rule compliant
CAN	Québec City	Marathon SSQ de Québec	Marathon	IAAF rule compliant
CAN	Saint John, NB	Running Room Half Marathon by the Sea	Half Marathon	IAAF rule compliant
CAN	Saint John, NB	Emera Marathon by the Sea	Marathon	IAAF rule compliant
CAN	Simcoe, Ontario	South Coast Half Marathon Simcoe	Half Marathon	IAAF rule compliant
CAN	Simcoe, Ontario	South Coast Marathon Simcoe	Marathon	Separation >50%
CAN	Toronto, ON	Goodlife Fitness Toronto Half Marathon	Half Marathon	Downhill (-4.5 m/km), Separation >50%
CAN	Toronto, ON	Scotiabank Toronto Waterfront Half Marathon	Half Marathon	IAAF rule compliant
CAN	Toronto, ON	Goodlife Fitness Toronto Marathon	Marathon	Downhill (-2.7 m/km)
CAN	Toronto, ON	Scotiabank Toronto Waterfront Marathon	Marathon	IAAF rule compliant

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Country	City	Name of Race	Event	Drop and Separation
CAN	Vancouver, BC	BMO Vancouver Half Marathon	Half Marathon	Downhill (-2.8 m/km)
CAN	Vancouver, BC	BMO Vancouver Marathon	Marathon	Downhill (-1.4 m/km)
CAN	Windsor, ON	Detroit Free Press/Talmer Bank Int'l Half Marathon	Half Marathon	IAAF rule compliant
CAN	Windsor, ON	Detroit Free Press/Talmer Bank Int'l Marathon	Marathon	IAAF rule compliant
CAN	Yarmouth	Yarmouth Marathon	Marathon	IAAF rule compliant
CAY	Georgetown	Cayman Islands Half Marathon	Half Marathon	IAAF rule compliant
CAY	Georgetown	Cayman Islands Marathon	Marathon	IAAF rule compliant
CHI	Arica	Half Marathon Arica City	Half Marathon	IAAF rule compliant
CHI	Santiago	Entel Media Maratón de Santiago	Half Marathon	IAAF rule compliant
CHI	Temuco	Maraton Int'l Temuco-Araucania	Marathon	IAAF rule compliant
CHI	Viña del Mar	Media Maratón Int'l de Viña del Mar	Half Marathon	IAAF rule compliant
CHI	Viña del Mar	Maratón Int'l de Viña del Mar	Marathon	IAAF rule compliant
CHN	Beijing	Beijing International Marathon	Marathon	IAAF rule compliant
CHN	Beijing	Great Wall Marathon	Marathon	IAAF rule compliant
CHN	Changsha	Changsha International Marathon	Marathon	IAAF rule compliant
CHN	Changzhi	Changzhi International Marathon	Marathon	IAAF rule compliant
CHN	Chengdu	Chengdu Half Marathon	Half Marathon	Separation >50%
CHN	Chengdu	Chengdu Marathon	Marathon	IAAF rule compliant
CHN	Chongqing	Chongqing International Marathon	Marathon	IAAF rule compliant
CHN	Dalian	Dalian International Half Marathon	Half Marathon	IAAF rule compliant
CHN	Dalian	Dalian International Marathon	Marathon	IAAF rule compliant
CHN	Dandong	Dandong Yalujiang International Marathon	Marathon	IAAF rule compliant
CHN	Dongguan	Dongguan International Marathon	Marathon	IAAF rule compliant
CHN	Dongying	Yellow River Estuary (Dongying) International Marathon	Marathon	IAAF rule compliant
CHN	Guangzhou	Guangzhou International Half Marathon	Half Marathon	IAAF rule compliant
CHN	Guangzhou	Guangzhou International Marathon	Marathon	IAAF rule compliant
CHN	Guiyang	Guiyang International Marathon	Marathon	IAAF rule compliant
CHN	Hangzhou	Hangzhou International Marathon	Marathon	IAAF rule compliant
CHN	Harbin	Harbin Marathon	Marathon	IAAF rule compliant
CHN	Hefei City	Hefei International Half Marathon	Half Marathon	IAAF rule compliant
CHN	Hefei City	Hefei International Marathon	Marathon	IAAF rule compliant
CHN	Jilin City	Jilin Marathon	Marathon	IAAF rule compliant
CHN	Kunming	SCO Kunming Marathon	Marathon	IAAF rule compliant
CHN	Lanzhou	Lanzhou International Half Marathon	Half Marathon	IAAF rule compliant
CHN	Lanzhou	Lanzhou International Marathon	Marathon	IAAF rule compliant
CHN	Nanchang	Nanchang Marathon	Marathon	IAAF rule compliant
CHN	Nanjing	Nanjing Marathon	Marathon	IAAF rule compliant
CHN	Shanghai	Shanghai Dishui Lake Half Marathon	Half Marathon	IAAF rule compliant
CHN	Shenzhen	Shenzhen International Marathon	Marathon	IAAF rule compliant
CHN	Taiyuan	Taiyuan Marathon	Marathon	IAAF rule compliant
CHN	Wangjiang	Wangjiang Half Marathon	Half Marathon	Separation >50%
CHN	Wuhan	CISM Military World Games 2019 / Marathon	Marathon	IAAF rule compliant
CHN	Wuqing	Tianjin International Marathon	Marathon	IAAF rule compliant
CHN	Wuxi	Wuxi Marathon	Marathon	IAAF rule compliant
CHN	Xiamen	Xiamen International Marathon	Marathon	IAAF rule compliant
CHN	Xichang	Xichang Oionghai Lake Wetland International Marathon	Marathon	IAAF rule compliant
CHN	Xiqiao, Foshan City	Xiqiao Mountain International Half Marathon	Half Marathon	IAAF rule compliant
CHN	Xuzhou	Xuzhou Marathon	Marathon	IAAF rule compliant
CHN	Yangzhou	Yangzhou Jianzhen International Half Marathon	Half Marathon	IAAF rule compliant
CIV	Abidjan	Semi Marathon International du District d'Abidjan	Half Marathon	IAAF rule compliant
CIV	Abidjan	Marathon international du district d Abidjan	Marathon	IAAF rule compliant
COL	Avándaro Valle de Bravo	Media Maratón de las Flores – Medellín	Half Marathon	IAAF rule compliant
COL	Bogota	Media Maratón de Bogotá	Half Marathon	IAAF rule compliant
COL	Medellin	Media Maratón de las Flores Medellín	Half Marathon	IAAF rule compliant
COL	Medellin	Maratón de las Flores – Medellín	Marathon	IAAF rule compliant
COL	San José de Cúcuta	Media Maratón de Cúcuta 2018	Half Marathon	IAAF rule compliant
CPV	Santa Maria, Sal	African Beach Games 2019 / Half Marathon	Half Marathon	IAAF rule compliant
CRC	Cuanacaste	Flamingo Beach Marathon	Marathon	IAAF rule compliant
CRC	Guanacaste	Maraton JW Marriott Guanacaste	Marathon	IAAF rule compliant
CRC	Puntarenas	Medio Maratón Puerto	Half Marathon	Separation >50%
CRC	San José	Lindora Run Half Marathon	Half Marathon	IAAF rule compliant
CRC	San José	Media Maratón Estadio Nacional	Half Marathon	IAAF rule compliant
CRC	San José	Medio Marathon Int'l de Costa Rica	Half Marathon	IAAF rule compliant
CRC	San José	Medio Maratón Municipalidad de San José	Half Marathon	IAAF rule compliant
CRC	San José	Marathon Int'l de Costa Rica	Marathon	IAAF rule compliant
CRC	San José	Maratón Estadio Nacional	Marathon	IAAF rule compliant
CRO	Cakovec	Zrinski Half Marathon	Half Marathon	IAAF rule compliant
CRO	Fuzine	Half Marathon "Tri Jezera"	Half Marathon	IAAF rule compliant
CRO	Losinj	Losinj Half Marathon	Half Marathon	IAAF rule compliant
CRO	Odzaci	Odzaci Marathon	Marathon	IAAF rule compliant
CRO	Omis	Omis Half Marathon	Half Marathon	IAAF rule compliant
CRO	Osijek	Osijek Half Marathon	Half Marathon	IAAF rule compliant
CRO	Plitvice	Plitvice Half Marathon	Half Marathon	IAAF rule compliant
CRO	Plitvice	Plitvice Marathon	Marathon	IAAF rule compliant
CRO	Pozega	Pozega Half Marathon	Half Marathon	IAAF rule compliant
CRO	Puljane	Krka Half Marathon	Half Marathon	IAAF rule compliant
CRO	Rijeka	Rijeka Half Marathon	Half Marathon	IAAF rule compliant
CRO	Rijeka	Rijeka Marathon	Marathon	IAAF rule compliant
CRO	Sabac	Sabac Marathon	Marathon	IAAF rule compliant
CRO	Sisak	Sisak Half Marathon	Half Marathon	IAAF rule compliant
CRO	Split	Split Half Marathon	Half Marathon	IAAF rule compliant
CRO	Split	Split Marathon	Marathon	IAAF rule compliant
CRO	Ston	Ston Wall Marathon	Marathon	IAAF rule compliant
CRO	Tikves	Prvi Baranjski Polumarathon	Half Marathon	IAAF rule compliant
CRO	Varadzin	Brooks Varadzinski Polumarathon	Half Marathon	IAAF rule compliant
CRO	Velika Gorica	Turopoljska Trka	Half Marathon	IAAF rule compliant
CRO	Zagreb	Zagreb Spring Half Marathon	Half Marathon	IAAF rule compliant
CRO	Zagreb	Zagreb Spring Half Marathon powered by Heineken 0.0	Half Marathon	IAAF rule compliant
CRO	Zagreb	Zagrebbacki Half Marathon	Half Marathon	IAAF rule compliant
CRO	Zagreb	Zagrebbacki Marathon	Marathon	IAAF rule compliant

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Country	City	Name of Race	Event	Drop and Separation
CUB	Havana	Marabana Half Marathon	Half Marathon	IAAF rule compliant
CUB	Havana	Marabana Marathon	Marathon	IAAF rule compliant
CYP	Aglantzia	Running Under The Moon Half Marathon	Half Marathon	IAAF rule compliant
CYP	Larnaka	Larnaka International Half Marathon	Half Marathon	IAAF rule compliant
CYP	Larnaka	Larnaka Marathon	Marathon	IAAF rule compliant
CYP	Limassol	OPAP Limassol Half Marathon GSO	Half Marathon	IAAF rule compliant
CYP	Limassol	OPAP Limassol Marathon G S O	Marathon	IAAF rule compliant
CYP	Nicosia	Alphamega "Run as One" Half Marathon	Half Marathon	IAAF rule compliant
CYP	Nicosia	Medochemie Nicosia Half Marathon	Half Marathon	IAAF rule compliant
CYP	Nicosia	Quantum Nicosia Half Marathon	Half Marathon	IAAF rule compliant
CYP	Nicosia	Running under the Moon Nicosia Half Marathon	Half Marathon	IAAF rule compliant
CYP	Nicosia	Medochemie Nicosia Marathon	Marathon	IAAF rule compliant
CYP	Paphos	Logicom Cyprus Half Marathon	Half Marathon	IAAF rule compliant
CYP	Paphos	Cyprus Marathon	Marathon	Separation >50%
CZE	Blansko	Moravian Karst Half Marathon	Half Marathon	IAAF rule compliant
CZE	Brno	Half Marathon Brno	Half Marathon	IAAF rule compliant
CZE	Ceske Budejovice	Mattoni Half Marathon Ceske Budejovice	Half Marathon	IAAF rule compliant
CZE	Karlovy Vary	Mattoni Half Marathon Karlovy Vary	Half Marathon	IAAF rule compliant
CZE	Olomouc	Mattoni Half Marathon Olomouc	Half Marathon	IAAF rule compliant
CZE	Pardubice	Pardubice Wine Half Marathon	Half Marathon	IAAF rule compliant
CZE	Prague	Sportisimo Prague Half Marathon	Half Marathon	IAAF rule compliant
CZE	Prague	Volkswagen Prague Marathon	Marathon	IAAF rule compliant
CZE	Usti nad Labem	Mattoni Usti nad Labem Half Marathon	Half Marathon	IAAF rule compliant
DEN	Copenhagen	Copenhagen Half Marathon	Half Marathon	IAAF rule compliant
DEN	Copenhagen	Telenor Copenhagen Marathon	Marathon	IAAF rule compliant
DEN	Odense	H C Andersen Half Marathon	Half Marathon	IAAF rule compliant
DEN	Odense	H C Andersen Marathon	Marathon	IAAF rule compliant
DEN	Torshavn	Torshavn Marathon	Marathon	IAAF rule compliant
DOM	Casa de Campo	Casa de Campo Corre por Hogar del Niña H Mar	Half Marathon	IAAF rule compliant
DOM	Casa de Campo	Casa de Campo Corre por Hogar del Niña Marathon	Marathon	IAAF rule compliant
DOM	Santiago	Maratón Santiago de America Ruta 21.0975 km	Half Marathon	IAAF rule compliant
DOM	Santiago	Maratón Santiago de America	Marathon	IAAF rule compliant
DOM	Santo Domingo	Medio Maratón Ciudad Santo Domingo	Half Marathon	IAAF rule compliant
DOM	Santo Domingo	Maratón Ciudad Santo Domingo	Marathon	IAAF rule compliant
ECU	Guayaquil	Media Maratón de Salinas	Half Marathon	IAAF rule compliant
ECU	Manta	Maraton de Manta	Marathon	IAAF rule compliant
ECU	Quito	Maratón de Quito	Marathon	IAAF rule compliant
EGY	El Gouna	El Gouna Int'l Half Marathon	Half Marathon	IAAF rule compliant
ESP	Azkoitia	Media Maraton Azkoitia-Azpeitia	Half Marathon	IAAF rule compliant
ESP	Barcelona	Edreams mitja marato Barcelona	Half Marathon	IAAF rule compliant
ESP	Barcelona	Zurich Marato de Barcelona	Marathon	IAAF rule compliant
ESP	Castellon	Maraton internacional ciudad de Castellon	Marathon	IAAF rule compliant
ESP	Granollers	Mitja Marato International de Granollers	Half Marathon	IAAF rule compliant
ESP	Las Palmas	Disa Gran Canaria Marathon	Marathon	IAAF rule compliant
ESP	Logroño	Maratón Internacional Adidas Ciudad de Logroño	Marathon	IAAF rule compliant
ESP	Madrid	Rock 'n' Roll Madrid Half Marathon	Half Marathon	IAAF rule compliant
ESP	Madrid	Movistar Medio Maratón de Madrid	Half Marathon	IAAF rule compliant
ESP	Madrid	Rock 'n' Roll Madrid Marathon	Marathon	IAAF rule compliant
ESP	Malaga	Maraton Cabberty Malaga	Marathon	IAAF rule compliant
ESP	Palma de Mallorca	Medio Maraton Palma de Mallorca	Half Marathon	IAAF rule compliant
ESP	Palma de Mallorca	Palma de Mallorca Marato	Marathon	IAAF rule compliant
ESP	San Sebastián	Zurich Maratoia Donostia / San Sebastián	Marathon	IAAF rule compliant
ESP	Santa Pola	Media Maraton Internacional de Santa Pola	Half Marathon	IAAF rule compliant
ESP	Seville	Zurich Marato de Sevilla	Marathon	IAAF rule compliant
ESP	Tarragona	Half Marathon of the Mediterranean Games 2018	Half Marathon	IAAF rule compliant
ESP	Valencia	Media Maraton Valencia Trinidad Alfonso EDP	Half Marathon	IAAF rule compliant
ESP	Valencia	Maraton Valencia Trinidad Alfonso	Marathon	IAAF rule compliant
EST	Narva	Narva Energijooks Half Marathon	Half Marathon	IAAF rule compliant
EST	Tallinn	SEB Tallinn Half Marathon	Half Marathon	IAAF rule compliant
EST	Tallinn	SEB Tallinn Marathon	Marathon	IAAF rule compliant
EST	Tartu	Tartu Linnamaraton	Marathon	IAAF rule compliant
ETH	Hawassa	Hawassa Half Marathon (elite)	Half Marathon	IAAF rule compliant
FIJ	Suva	Suva Half Marathon	Half Marathon	IAAF rule compliant
FIJ	Suva	Suva Marathon	Marathon	IAAF rule compliant
FIN	Helsinki	Helsinki City Running Days - Half Marathon	Half Marathon	IAAF rule compliant
FIN	Helsinki	Helsinki Half Marathon	Half Marathon	IAAF rule compliant
FIN	Helsinki	Garmin Helsinki City Marathon	Marathon	IAAF rule compliant
FIN	Joutseno	Kullervo Puolimaraton	Half Marathon	IAAF rule compliant
FIN	Joutseno	Kullervo Puolimaraton / Finnish National Marathon Championships	Marathon	IAAF rule compliant
FIN	Turku	Paavo Nurmi 10km	Half Marathon	IAAF rule compliant
FIN	Turku	Paavo Nurmi Marathon	Marathon	IAAF rule compliant
FLK	Stanley, Falkland Islands	Standard Chartered Stanley Marathon	Marathon	IAAF rule compliant
FRA	Amiens	Amiens Marathon de la Somme	Marathon	IAAF rule compliant
FRA	Annecy	Marathon d'Annecy	Marathon	IAAF rule compliant
FRA	Auray	Auray Vannes Semi Marathon	Half Marathon	Separation >50%
FRA	Avranches	Semi marathon d'Avranches	Half Marathon	Downhill (-4.2 m/km), Separation >50%
FRA	Belfort	"Le Lion" Semi marathon (Belfort-Montbéliard, odd-numbered years)	Half Marathon	Downhill (-2.5 m/km), Separation >50%
FRA	Belfort	"Le Lion" Semi marathon (Montbéliard-Belfort, even-numbered years)	Half Marathon	Separation >50%
FRA	Bordeaux	Semi Marathon de Bordeaux	Half Marathon	IAAF rule compliant
FRA	Bordeaux	Marathon de Bordeaux	Marathon	IAAF rule compliant
FRA	Boulogne Billancourt	Semi Marathon de Boulogne Billancourt	Half Marathon	IAAF rule compliant
FRA	Cabries	Semi Maraton de Cabries	Half Marathon	IAAF rule compliant
FRA	Caen	Semi Marathon la Pegasus	Half Marathon	Separation >50%
FRA	Caen	Marathon de la liberté	Marathon	IAAF rule compliant
FRA	Caudebec Les Elbeuf	Semi Marathon des boucles de la Seine	Half Marathon	IAAF rule compliant
FRA	Cavalaire Sur Mer	Marathon du Golfe de St Tropez	Marathon	IAAF rule compliant
FRA	Colmar	Semi marathon de Colmar	Half Marathon	IAAF rule compliant
FRA	Colmar	Marathon de Colmar	Marathon	IAAF rule compliant
FRA	Fort de France	Semi marathon de Fort de France	Half Marathon	IAAF rule compliant
FRA	La Rochelle	La Rochelle Marathon	Marathon	IAAF rule compliant

**LIST OF IAAF CERTIFIED MARATHON AND HALF MARATHON COURSES**

Updated 18 October 2019

(includes 25km and 30km courses valid for Marathon World Rankings)



Country	City	Name of Race	Event	Drop and Separation
FRA	Les Abymes	Semi Marathon des Abymes	Half Marathon	IAAF rule compliant
FRA	Lille	Lille Semi Marathon	Half Marathon	IAAF rule compliant
FRA	Lille	Semi Marathon de la Braderie	Half Marathon	IAAF rule compliant
FRA	Lyon	Run in Lyon Semi Marathon	Half Marathon	IAAF rule compliant
FRA	Lyon	Run in Lyon Marathon	Marathon	IAAF rule compliant
FRA	Marseille	Run in Marseille semi marathon	Half Marathon	IAAF rule compliant
FRA	Marseille	Run in Marseille Marathon	Marathon	IAAF rule compliant
FRA	Metz	Metz marathon mirabelle	Marathon	IAAF rule compliant
FRA	Mont Saint Michel	Mont Saint Michel Marathon	Marathon	Separation >50%
FRA	Nantes	Marathon de Nantes	Marathon	IAAF rule compliant
FRA	Nice	Half Marathon Hoka One One Nice	Half Marathon	IAAF rule compliant
FRA	Nice	French Riviera Marathon Nice Cannes	Marathon	Separation >50%
FRA	Paris	Gay Games - Semi Marathon	Half Marathon	IAAF rule compliant
FRA	Paris	Harmonie Mutuelle Semi de Paris	Half Marathon	IAAF rule compliant
FRA	Paris	Gay Games - Marathon	Marathon	IAAF rule compliant
FRA	Paris	Schneider Electric Marathon de Paris	Marathon	IAAF rule compliant
FRA	Pontorson	Harmonie mutuelle "Run in Mont Saint Michel" Half Marathon	Half Marathon	IAAF rule compliant
FRA	Porto Vecchio	Semi Marathon de Porto Vecchio	Half Marathon	IAAF rule compliant
FRA	Reims	Run in Reims Semi Marathon	Half Marathon	IAAF rule compliant
FRA	Reims	Run in Reims Marathron	Marathon	IAAF rule compliant
FRA	Rennes	Le Marathon vert - Rennes Konica Minolta	Marathon	Downhill (-1.5 m/km)
FRA	Saint Denis	Saint Denis Semi Marathon la Voie Royale	Half Marathon	IAAF rule compliant
FRA	Saint Paul	Marathon des iles de l océan indien La Réunion	Marathon	IAAF rule compliant
FRA	Senart	Marathon de Senart Grand Paris Sud	Marathon	IAAF rule compliant
FRA	Strasbourg	Semi Marathon de Strasbourg	Half Marathon	IAAF rule compliant
FRA	Strasbourg	Marathon Strasbourg Orteneau	Marathon	IAAF rule compliant
FRA	Toulouse	Semi Marathon de Toulouse métropole	Half Marathon	IAAF rule compliant
FRA	Toulouse	Marathon de Toulouse métropole	Marathon	IAAF rule compliant
FRA	Tours	Marathon de Touraine Loire Valley	Marathon	IAAF rule compliant
FRA	Vannes	Marathon de Vannes	Marathon	IAAF rule compliant
FSM	Garapan	Saipan Half Marathon	Half Marathon	IAAF rule compliant
FSM	Garapan	Saipan Marathon	Marathon	IAAF rule compliant
GAB	Libreville	Semi Marathon du Gabon	Half Marathon	IAAF rule compliant
GAB	Libreville	Marathon du Gabon	Marathon	IAAF rule compliant
GBR	Belfast	Deep RiverRock Belfast City Marathon	Marathon	IAAF rule compliant
GBR	Bournemouth	Bournemouth Marathon	Marathon	IAAF rule compliant
GBR	Brighton	Brighton Marathon	Marathon	IAAF rule compliant
GBR	Cardiff	Cardiff Half Marathon	Half Marathon	IAAF rule compliant
GBR	Edinburgh	EMF Edinburgh Half Marathon	Half Marathon	IAAF rule compliant
GBR	Edinburgh	EMF Edinburgh Marathon	Marathon	IAAF rule compliant
GBR	Glasgow	Glasgow Half Marathon	Half Marathon	IAAF rule compliant
GBR	Inverness	Baxter's Loch Ness Marathon	Marathon	Downhill (-5.0 m/km), Separation >50%
GBR	Islay	Ardbeg Islay Half Marathon	Half Marathon	IAAF rule compliant
GBR	Liverpool	Rock 'n' Roll Liverpool Marathon	Marathon	IAAF rule compliant
GBR	London	Virgin Money London Marathon	Marathon	IAAF rule compliant
GBR	Manchester	Great Manchester Run Half Marathon	Half Marathon	IAAF rule compliant
GBR	Manchester	Tommy's Manchester Half	Half Marathon	IAAF rule compliant
GBR	Manchester	Manchester Marathon	Marathon	IAAF rule compliant
GBR	Milton Keynes	Milton Keynes Half Marathon	Half Marathon	IAAF rule compliant
GBR	Milton Keynes	Milton Keynes Marathon	Marathon	IAAF rule compliant
GBR	Newcastle-Upon-Tyne	Great North Run	Half Marathon	Downhill (-2.0 m/km), Separation >50%
GBR	Patrinton Haven	Meridien 25km	25 km	IAAF rule compliant
GBR	St Helier	Jersey Island Games Half Marathon	Half Marathon	IAAF rule compliant
GBR	St Petersburg	White Nights Marathon Saint-Petersburg	Marathon	IAAF rule compliant
GBR	Swansea	Swansea Half Marathon	Half Marathon	IAAF rule compliant
GER	Berlin	Generali Berliner Halbmarathon	Half Marathon	IAAF rule compliant
GER	Berlin	BMW Berlin Marathon	Marathon	IAAF rule compliant
GER	Bonn	Deutsche Post Marathon Bonn	Marathon	IAAF rule compliant
GER	Düsseldorf	METRO Marathon Düsseldorf	Marathon	IAAF rule compliant
GER	Frankfurt	Mainova Frankfurt Marathon	Marathon	IAAF rule compliant
GER	Hamburg	Haspa Half Marathon Hamburg	Half Marathon	IAAF rule compliant
GER	Hamburg	hella hamburg halbmarathon	Half Marathon	IAAF rule compliant
GER	Hamburg	Haspa Marathon Hamburg	Marathon	IAAF rule compliant
GER	Hannover	HAJ Half Marathon Hannover	Half Marathon	IAAF rule compliant
GER	Hannover	HAJ Marathon Hannover	Marathon	IAAF rule compliant
GER	Köln	RheinEnergie Halbmarathon Köln	Half Marathon	IAAF rule compliant
GER	Köln	RheinEnergie Marathon Köln	Marathon	IAAF rule compliant
GER	Mainz	Gutenberg Halb Marathon Mainz	Half Marathon	IAAF rule compliant
GER	Mainz	Gutenberg Marathon Mainz	Marathon	IAAF rule compliant
GER	Mannheim	Daemmer Half Marathon Mannheim	Half Marathon	IAAF rule compliant
GER	Mannheim	Daemmer Marathon Mannheim	Marathon	IAAF rule compliant
GER	Munich	Generali München Marathon	Marathon	IAAF rule compliant
GER	Munich	Generali München Half Marathon	Half Marathon	IAAF rule compliant
GER	Münster	Volksbank Münster Marathon	Marathon	IAAF rule compliant
GER	Wuerzburg	iWelt Wuerzburg Half Marathon	Half Marathon	IAAF rule compliant
GER	Wuerzburg	iWelt Wuerzburg Marathon	Marathon	IAAF rule compliant
GHA	Accra	Millennium Half Marathon	Half Marathon	IAAF rule compliant
GRE	Aegina	Aegina Half marathon	Half Marathon	IAAF rule compliant
GRE	Agrinio	Michalis Kousis Agrinio Half marathon	Half Marathon	Separation >50%
GRE	Alexandroupolis	Via Egnatia Run Half Marathon	Half Marathon	Separation >50%
GRE	Amaliada	Olympia Marathon	Marathon	Separation >50%
GRE	Arkalochori	Crete Arkalochori Half Mareathon	Half Marathon	IAAF rule compliant
GRE	Athens	Athens Half Marathon	Half Marathon	IAAF rule compliant
GRE	Athens	Athens Marathon The Authentic	Marathon	Separation >50%
GRE	Chalkida	Chalkida Bridges Half Marathon	Half Marathon	IAAF rule compliant
GRE	Chania	Crete Marathon	Marathon	IAAF rule compliant
GRE	Corfu	Corfu Half Marathon	Half Marathon	IAAF rule compliant
GRE	Dion	Dion Half marathon	Half Marathon	IAAF rule compliant
GRE	Elefsina	Sta ichni tis Ieras Odou Elefsina Half marathon	Half Marathon	Downhill (-2.2 m/km), Separation >50%
GRE	Giannitsa	Pella Half Marathon	Half Marathon	IAAF rule compliant



**LIST OF IAAF CERTIFIED MARATHON AND HALF MARATHON COURSES**

*Updated 18 October 2019*

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Country	City	Name of Race	Event	Drop and Separation
GRE	Ioannina	Ioannina lake run	30 km	IAAF rule compliant
GRE	Ioannina	Ioannina Night Half Marathon	Half Marathon	IAAF rule compliant
GRE	Kallithea	Kallithea Half Marathon	Half Marathon	IAAF rule compliant
GRE	Katerini	Katerini run Half Marathon	Half Marathon	IAAF rule compliant
GRE	Kavala	Saint Paul Path Half Marathon	Half Marathon	Separation >50%
GRE	Larissa	Tyrnavos Larissa Half Marathon	Half Marathon	Separation >50%
GRE	Lefkada	Lefkada green Half Marathon	Half Marathon	IAAF rule compliant
GRE	Livadeia	Livadeia Half Marathon	Half Marathon	IAAF rule compliant
GRE	Marathon	Marathon Half Marathon	Half Marathon	IAAF rule compliant
GRE	Megara	Elefsina Megara Half marathon	Half Marathon	Separation >50%
GRE	Messini	Messini Marathon	Marathon	IAAF rule compliant
GRE	Nafplio	Nafplio Half Marathon	Half Marathon	IAAF rule compliant
GRE	Nafplio	Nafplio Marathon	Marathon	IAAF rule compliant
GRE	Olympia	Olympia Half Marathon	Half Marathon	Separation >50%
GRE	Olympia	Olympia Marathon	Marathon	Separation >50%
GRE	Rhodes	Roads to Rhodes Half Marathon	Half Marathon	IAAF rule compliant
GRE	Rhodes	Roads to Rhodes Marathon	Marathon	IAAF rule compliant
GRE	Serres	Kri Kri Superspoon Serres Half Marathon	Half Marathon	IAAF rule compliant
GRE	Stymfalia	Stymfalia Lake Run Half Marathon	Half Marathon	IAAF rule compliant
GRE	Thermopyles	Dromos Eleftheris Thermopyles	Half Marathon	Separation >50%
GRE	Thessaloniki	Thessaloniki Night Half Marathon	Half Marathon	IAAF rule compliant
GRE	Thessaloniki	Thessaloniki Int'l Marathon Alexander the Great	Marathon	Separation >50%
GRE	Trikala	International Half Marathon Kalampaka-Trikala	Half Marathon	Downhill (-5.5 m/km), Separation >50%
GRE	Xanthi	Democritus Xanthi Half Marathon	Half Marathon	IAAF rule compliant
GUA	Escuintla	La Maratón de Guatemala	Marathon	IAAF rule compliant
GUA	Guayaquil	21K Esquipulas	Half Marathon	IAAF rule compliant
GUM	Tumon	Guam International Half Marathon	Half Marathon	IAAF rule compliant
GUM	Tumon	Guam International Marathon	Marathon	IAAF rule compliant
HKG	Hong Kong	Mizuno Hong Kong Half Marathon Championships 2018	Half Marathon	IAAF rule compliant
HKG	Hong Kong	Gammon China Coast Half Marathon	Half Marathon	IAAF rule compliant
HKG	Hong Kong	Standard Chartered Hong Kong Marathon	Marathon	IAAF rule compliant
HKG	Hong Kong	Gammon China Coast Marathon	Marathon	IAAF rule compliant
HON	Puerto Cortes	Maratón del Atlantico	Marathon	Separation >50%
HON	San Pedro Sula	Medio Maratón La Prensa	Half Marathon	IAAF rule compliant
HUN	Budapest	Telekom Vivicitta Spring Half Marathon Budapest	Half Marathon	IAAF rule compliant
HUN	Budapest	Wizz Air Budapest Half Marathon	Half Marathon	IAAF rule compliant
HUN	Budapest	Spar Budapest Marathon	Marathon	IAAF rule compliant
INA	Borobudur	Borobudur Half Marathon	Half Marathon	IAAF rule compliant
INA	Borobudur	Borobudur Marathon	Marathon	IAAF rule compliant
INA	Gianyar	Bali Half Marathon	Half Marathon	IAAF rule compliant
INA	Gianyar	Bali Marathon	Marathon	IAAF rule compliant
INA	Jakarta	Electric Jakarta Half Marathon	Half Marathon	IAAF rule compliant
INA	Jakarta	Electric Jakarta Marathon	Marathon	IAAF rule compliant
INA	Mandalika, Lombok	Mandalika International Half Marathon	Half Marathon	IAAF rule compliant
INA	Mandalika, Lombok	Mandalika International Marathon	Marathon	IAAF rule compliant
INA	Mataram	Lombok Half Marathon	Half Marathon	Separation >50%
INA	Mataram	Lombok Marathon	Marathon	IAAF rule compliant
INA	Tondano	Tondano Lake Half Marathon	Half Marathon	Separation >50%
INA	Tondano	Tondano Lake Marathon	Marathon	IAAF rule compliant
IND	Ahmednagar	Nagar Rising Half	Half Marathon	IAAF rule compliant
IND	Bangalore	Bengaluru Half Marathon	Half Marathon	IAAF rule compliant
IND	Bangalore	Bengaluru Marathon	Marathon	IAAF rule compliant
IND	Bangalore	Bengaluru Midnight Marathon	Marathon	IAAF rule compliant
IND	Chennai	Chennai Half Marathon	Half Marathon	IAAF rule compliant
IND	Chennai	Inner Strength Half Marathon	Half Marathon	IAAF rule compliant
IND	Chennai	Wipro Chennai Marathon	Marathon	IAAF rule compliant
IND	Delhi	Airtel Delhi Half Marathon (Elite)	Half Marathon	IAAF rule compliant
IND	Delhi	IDBI Federal Life Insurance New Delhi Half Marathon	Half Marathon	IAAF rule compliant
IND	Delhi	IDBI Federal Life Insurance New Delhi Marathon	Marathon	IAAF rule compliant
IND	Guhawati	SBI Green Half marathon Guwahati	Half Marathon	IAAF rule compliant
IND	Juhu	Parinee Juhu Half Marathon	Half Marathon	IAAF rule compliant
IND	Kolkata	Tata Steel Kolkata 25km	25 km	IAAF rule compliant
IND	Kolkata	IDBI Federal Kolkata Half Marathon	Half Marathon	IAAF rule compliant
IND	Kolkata	IDBI Federal Kolkata Marathon	Marathon	IAAF rule compliant
IND	Mira Bhayander	Mira Bhayender Mayor's Half Marathon	Half Marathon	IAAF rule compliant
IND	Mumbai	Tata Mumbai Half Marathon	Half Marathon	IAAF rule compliant
IND	Mumbai	Visai Virar Mayor's Half Marathon	Half Marathon	IAAF rule compliant
IND	Mumbai	Tarblazer 21.1	Half Marathon	IAAF rule compliant
IND	Mumbai	Tata Mumbai Marathon	Marathon	IAAF rule compliant
IND	Mumbai	Visai Virar Mayor's Marathon	Marathon	IAAF rule compliant
IND	Mumbai	Tarblazer 42.2	Marathon	IAAF rule compliant
IND	New Delhi	IDBI Federal Life Insurance New Delhi Half Marathon	Half Marathon	IAAF rule compliant
IND	New Delhi	IDBI Federal Life Insurance New Delhi Marathon	Marathon	IAAF rule compliant
IND	Pune	Cybage Run	Half Marathon	IAAF rule compliant
IND	Satara	Satara Hills Half Marathon	Half Marathon	IAAF rule compliant
IND	Satara	Fit & Strong Satara Half Marathon Kaas Road	Half Marathon	IAAF rule compliant
IND	Satara	Fit & Strong Satara Marathon Kaas Road	Marathon	IAAF rule compliant
IND	Vadodara	Vadodara Half Marathon	Half Marathon	IAAF rule compliant
IND	Vadodara	Vadodara Marathon	Marathon	IAAF rule compliant
IRL	Cork	Cork City Marathon	Marathon	IAAF rule compliant
IRL	Dublin	SSE Airtricity Dublin Marathon	Marathon	IAAF rule compliant
IRL	Waterford	Waterford Viking Marathon	Marathon	IAAF rule compliant
ISL	Reykjavik	Islandsbanki Reykjavik Half Marathon	Half Marathon	IAAF rule compliant
ISL	Reykjavik	Islandsbanki Reykjavik Marathon	Marathon	IAAF rule compliant
ISR	Gan HaShlosha	Valley of Springs Half Marathon	Half Marathon	IAAF rule compliant
ISR	Jerusalem	Jerusalem Half Marathon	Half Marathon	IAAF rule compliant
ISR	Jerusalem	Jerusalem Winner Marathon	Marathon	IAAF rule compliant
ISR	Tel Aviv	Tel Aviv Half Marathon	Half Marathon	IAAF rule compliant
ISR	Tel Aviv	Tel Aviv Marathon	Marathon	IAAF rule compliant
ISR	Tiberias	Sea of Galilee Winner Tiberias Half Marathon	Half Marathon	IAAF rule compliant

**LIST OF IAAF CERTIFIED MARATHON AND HALF MARATHON COURSES**

Updated 18 October 2019

(includes 25km and 30km courses valid for Marathon World Rankings)



Country	City	Name of Race	Event	Drop and Separation
ISR	Tiberias	Sea of Galilee Winner Tiberias Marathon	Marathon	IAAF rule compliant
ITA	Brescia	Brescia Art Half Marathon	Half Marathon	Downhill (-3.50 m/km)
ITA	Brescia	Brescia Art Marathon	Marathon	Downhill (-1.75 m/km)
ITA	Cagliari	Maratona internazionale di Cagliari	Marathon	IAAF rule compliant
ITA	Caserta	Flik Flok Caserta Mezza maratona	Half Marathon	IAAF rule compliant
ITA	Caserta	Reggia Reggia half marathon	Half Marathon	IAAF rule compliant
ITA	Chia	Chia Laguna Half Marathon	Half Marathon	IAAF rule compliant
ITA	Crema	Maratonina Città di Crema	Half Marathon	IAAF rule compliant
ITA	Cremona	Mezza maratona di Cremona	Half Marathon	IAAF rule compliant
ITA	Firenze	Firenze Marathon	Marathon	IAAF rule compliant
ITA	Gallarate	Mezza maratona Gallarate	Half Marathon	IAAF rule compliant
ITA	Genova	Mezza maratona internazionale di Genova	Half Marathon	IAAF rule compliant
ITA	Imperia	Mezza maratona internazionale citta di Imperia	Half Marathon	IAAF rule compliant
ITA	Iseo	Iseo Maratona del acqua	Marathon	IAAF rule compliant
ITA	Jesolo	Moonlight Half Marathon	Half Marathon	Separation >50%
ITA	Merano	Merano-Lagundo Half Marathon	Half Marathon	IAAF rule compliant
ITA	Milan	Milano21 Half Marathon	Half Marathon	IAAF rule compliant
ITA	Milan	Stramilano Half Marathon	Half Marathon	IAAF rule compliant
ITA	Milan	Milano Marathon	Marathon	IAAF rule compliant
ITA	Mira	Dog's Half Marathon	Half Marathon	IAAF rule compliant
ITA	Napoli	Napoli city Half Marathon	Half Marathon	IAAF rule compliant
ITA	Napoli	Summer Universiade 2019 - Marathon	Half Marathon	IAAF rule compliant
ITA	Ostia	Roma Ostia Half Marathon	Half Marathon	Separation >50%
ITA	Padova	Padova Half Marathon	Half Marathon	IAAF rule compliant
ITA	Padova	Padova Marathon	Marathon	IAAF rule compliant
ITA	Parma	Parma marathon	Marathon	IAAF rule compliant
ITA	Pisa	Pisa Marathon	Marathon	IAAF rule compliant
ITA	Pordenone	Maratonina dei borghi	Half Marathon	IAAF rule compliant
ITA	Ravenna	Half Marathon Ravenna Citta d'Arte	Half Marathon	IAAF rule compliant
ITA	Ravenna	Marathon Ravenna Citta d'Arte	Marathon	IAAF rule compliant
ITA	Riva Del Garda	Garda Trentino Half Marathon	Half Marathon	IAAF rule compliant
ITA	Rome	Maratona Internazionale di Roma	Marathon	IAAF rule compliant
ITA	Telesia	Telesia Half Marathon	Half Marathon	IAAF rule compliant
ITA	Terni	Maratona di San Valentino Terni	Marathon	IAAF rule compliant
ITA	Trento	Trento Half Marathon	Half Marathon	IAAF rule compliant
ITA	Treviso	Treviso Half Marathon	Half Marathon	IAAF rule compliant
ITA	Treviso	Treviso Marathon	Marathon	IAAF rule compliant
ITA	Trieste	Trieste Running Festival Half Marathon	Half Marathon	Downhill (-3.2 m/km), Separation >50%
ITA	Turin	T-Fast 21K / Mezza Maratona della Città di Torino	Half Marathon	Downhill (-4.9 m/km), Separation >50%
ITA	Turin	Torino Marathon	Marathon	IAAF rule compliant
ITA	Udine	Maratonina Citta di Udine	Half Marathon	Separation >50%
ITA	Venice	Venice Marathon	Marathon	Separation >50%
ITA	Verbania	Lago Maggiore Half Marathon	Half Marathon	IAAF rule compliant
ITA	Verona	Giulietta Romeo Half Marathon di Verona	Half Marathon	IAAF rule compliant
ITA	Verona	Verona Cangrande Half Marathon	Half Marathon	IAAF rule compliant
ITA	Verona	Verona Marathon	Marathon	IAAF rule compliant
JAM	Kingston	Kingston City Half Marathon	Half Marathon	IAAF rule compliant
JAM	Kingston	Kingston City Marathon	Marathon	IAAF rule compliant
JAM	Negril	Reggae Half Marathon	Half Marathon	IAAF rule compliant
JAM	Negril	Reggae Marathon	Marathon	IAAF rule compliant
JOR	Amman	Semi Marathon d Amman	Half Marathon	IAAF rule compliant
JOR	Amman	Marathon d Amman	Marathon	IAAF rule compliant
JOR	Amman Beach	Dead Sea Half Marathon	Half Marathon	Downhill (-2.9 m/km), Separation >50%
JOR	Aqaba	Aqaba Half Marathon	Half Marathon	IAAF rule compliant
JPN	Fuji Kawaguchi Town	Mt Fuji Marathon	Marathon	IAAF rule compliant
JPN	Fukuoka	Fukuoka International Open Marathon Championship	Marathon	IAAF rule compliant
JPN	Gifu	Gifu Seiryu Half Marathon	Half Marathon	IAAF rule compliant
JPN	Hakodate	Hakodate Half Marathon	Half Marathon	IAAF rule compliant
JPN	Hakodate	Hakodate Marathon	Marathon	IAAF rule compliant
JPN	Hofu City	Hofu Yumiuri Marathon	Marathon	IAAF rule compliant
JPN	Imizu City	Toyama Marathon	Marathon	IAAF rule compliant
JPN	Iwate	Iwate Morioka City Marathon	Marathon	IAAF rule compliant
JPN	Kanazawa City	Kanazawa Marathon	Marathon	IAAF rule compliant
JPN	Kashiwazaki	Kashiwazaki Half Marathon	Half Marathon	IAAF rule compliant
JPN	Kashiwazaki	Kashiwazaki Marathon	Marathon	IAAF rule compliant
JPN	Kawagoe City	Koedo Kawagoe Half Marathon	Half Marathon	IAAF rule compliant
JPN	Kazumigaura	Kazumigaura Marathon/International Blind Marathon	Marathon	IAAF rule compliant
JPN	Kitakyushu	Kitakyushu Marathon	Marathon	IAAF rule compliant
JPN	Kobe	Kobe Marathon	Marathon	IAAF rule compliant
JPN	Kochi	Kochi Ryoma Marathon	Marathon	IAAF rule compliant
JPN	Kumamoto City	Kumamoto Castle 30km	30 km	IAAF rule compliant
JPN	Kumamoto City	Kumamoto Castle Marathon	Marathon	IAAF rule compliant
JPN	Kyoto	Kyoto Marathon	Marathon	IAAF rule compliant
JPN	Marugame	Kagawa Marugame International Half Marathon	Half Marathon	IAAF rule compliant
JPN	Matsue	Matsue Ladies Half Marathon	Half Marathon	IAAF rule compliant
JPN	Matsuyama	Ehime Marathon	Marathon	IAAF rule compliant
JPN	Mito	Mito Marathon	Marathon	IAAF rule compliant
JPN	Miyagi-ken	Tohoku-Miyagi Revive Marathon	Marathon	IAAF rule compliant
JPN	Nagai City	Nagai Half Marathon	Half Marathon	IAAF rule compliant
JPN	Nagai City	Nagai Marathon	Marathon	IAAF rule compliant
JPN	Nagano	Nagano Marathon	Marathon	IAAF rule compliant
JPN	Nagoya	Nagoya Women's Half Marathon	Half Marathon	IAAF rule compliant
JPN	Nagoya	Nagoya Women's Marathon	Marathon	IAAF rule compliant
JPN	Nara	Nara Marathon	Marathon	IAAF rule compliant
JPN	Niigata City	Niigata Half Marathon	Half Marathon	IAAF rule compliant
JPN	Niigata City	Niigata City Marathon	Marathon	IAAF rule compliant
JPN	Nobeoka City	Nobeoka Nishinippon Marathon	Marathon	IAAF rule compliant
JPN	Ohme	Ohme-Hochi 30km Road Race	30 km	IAAF rule compliant
JPN	Oita	Beppu-Oita Mainichi Marathon	Marathon	IAAF rule compliant
JPN	Okayama City	Sanyo Ladies Road Race - Half Marathon	Half Marathon	IAAF rule compliant

**LIST OF IAAF CERTIFIED MARATHON AND HALF MARATHON COURSES**

*Updated 18 October 2019*

(includes 25km and 30km courses valid for Marathon World Rankings)



Country	City	Name of Race	Event	Drop and Separation
JPN	Osaka	Osaka Half Marathon	Half Marathon	IAAF rule compliant
JPN	Osaka	Osaka Marathon	Marathon	IAAF rule compliant
JPN	Osaka	Osaka Women's Marathon	Marathon	IAAF rule compliant
JPN	Otsu	Lake Biwa Mainichi Marathon	Marathon	IAAF rule compliant
JPN	Sagmihara City	Kanto Collegiate Athletics Champs - Half Marathon	Half Marathon	IAAF rule compliant
JPN	Saitama	Saitama International Marathon	Marathon	IAAF rule compliant
JPN	Sapporo	Hokkaido Marathon	Marathon	IAAF rule compliant
JPN	Sendai City	Sendai International Half Marathon	Half Marathon	IAAF rule compliant
JPN	Senshu	KIX Senshu International Marathon	Marathon	IAAF rule compliant
JPN	Setagaya-ku	Setagaya 246 Half Marathon	Half Marathon	IAAF rule compliant
JPN	Shizuoka	Shizuoka Marathon	Marathon	IAAF rule compliant
JPN	Tachikawa City, Tokyo	Hakone Ekiden Qualification Race - Half Marathon	Half Marathon	IAAF rule compliant
JPN	Tachikawa City, Tokyo	Tachikawa City Half Marathon	Half Marathon	IAAF rule compliant
JPN	Tokushima	Tokushima Marathon	Marathon	IAAF rule compliant
JPN	Tokyo	Marathon Grand Championships	Marathon	IAAF rule compliant
JPN	Tokyo	Tokyo Marathon	Marathon	IAAF rule compliant
JPN	Tono	Tono Jingsjukan Half Marathon	Half Marathon	IAAF rule compliant
JPN	Yamaguchi	All Japan Industrial T&F Association - Half Marathon Championships	Half Marathon	IAAF rule compliant
KAZ	Almaty	Almaty Half Marathon	Half Marathon	Downhill (-7.53 m/km)
KAZ	Almaty	Almaty Marathon	Marathon	IAAF rule compliant
KAZ	Nur-Sultan	Astana Marathon	Marathon	IAAF rule compliant
KAZ	Nur-Sultan	BI Marathon	Marathon	IAAF rule compliant
KEN	Nairobi	Standard Chartered Nairobi Half Marathon	Half Marathon	IAAF rule compliant
KEN	Nairobi	Standard Chartered Nairobi Marathon	Marathon	IAAF rule compliant
KGZ	Cholpon-Ata	Run the Silk Road - SCO	Marathon	IAAF rule compliant
KOR	Chuncheon	Chuncheon Half Marathon	Half Marathon	IAAF rule compliant
KOR	Chuncheon	Chosunilbo Chuncheon Marathon	Marathon	IAAF rule compliant
KOR	Daegu	Daegu International Half Marathon	Half Marathon	IAAF rule compliant
KOR	Daegu	Daegu International Marathon	Marathon	IAAF rule compliant
KOR	Gunsan City	Gunsan Saemangeum International Marathon	Marathon	IAAF rule compliant
KOR	Gyeonggi	Gyeonggi International Half Marathon	Half Marathon	IAAF rule compliant
KOR	Gyeongju	Gyeongju International Marathon	Marathon	IAAF rule compliant
KOR	Incheon	Incheon International Half Marathon	Half Marathon	IAAF rule compliant
KOR	Incheon	Incheon Songdo International Half Marathon	Half Marathon	IAAF rule compliant
KOR	Seoul	JoongAng Seoul International Marathon	Marathon	IAAF rule compliant
KOR	Seoul	Korean Olympic Trials Marathon (National Sports Games Seoul)	Marathon	IAAF rule compliant
KOR	Seoul	Seoul International Marathon	Marathon	IAAF rule compliant
KOS	Prishtina	Prishtina Kosovo Half marathon	Half Marathon	IAAF rule compliant
KSA	Riyad	Riyad half marathon	Half Marathon	IAAF rule compliant
KUW	Kuwait City	Kuwait Half Marathon	Half Marathon	IAAF rule compliant
KUW	Kuwait City	GulfBank 642 Half Marathon	Half Marathon	IAAF rule compliant
KUW	Kuwait City	Kuwait Marathon	Marathon	IAAF rule compliant
KUW	Kuwait City	GulfBank 642 Marathon	Marathon	IAAF rule compliant
LAT	Riga	Rimi Riga Half Marathon	Half Marathon	IAAF rule compliant
LAT	Riga	Rimi Riga Marathon	Marathon	IAAF rule compliant
LBA	Tripoli	Tripoli Half Marathon	Half Marathon	IAAF rule compliant
LBN	Beirut	Blom Bank Beirut Half Marathon	Half Marathon	IAAF rule compliant
LBN	Beirut	Half Marathon ISF Beirut	Half Marathon	IAAF rule compliant
LBN	Beirut	Blom Bank Beirut Marathon	Marathon	IAAF rule compliant
LBN	Saida	Marathon international de Saïda	Marathon	IAAF rule compliant
LTU	Kaunas	Kaunas Half Marathon	Half Marathon	IAAF rule compliant
LTU	Kaunas	Kaunas Marathon	Marathon	IAAF rule compliant
LTU	Vilnius	Rimi Vilnius Half Marathon	Half Marathon	IAAF rule compliant
LTU	Vilnius	Danske Bank Vilnius Marathon	Marathon	IAAF rule compliant
LUX	Remich	ING Route du vin Semi marathon	Half Marathon	IAAF rule compliant
MAC	Macau	Macau International Half Marathon	Half Marathon	IAAF rule compliant
MAC	Macau	Macau International Marathon	Marathon	IAAF rule compliant
MAR	Agadir	Semi marathon de Agadir	Half Marathon	IAAF rule compliant
MAR	Agadir	Marathon de Agadir	Marathon	IAAF rule compliant
MAR	Berkane	Semi marathon international de Berkane	Half Marathon	IAAF rule compliant
MAR	Bouskoura	Semi marathon Forest hill de Bouskoura	Half Marathon	IAAF rule compliant
MAR	Casablanca	Semi marathon de Casablanca	Half Marathon	IAAF rule compliant
MAR	Casablanca	Marathon international de Casablanca	Marathon	IAAF rule compliant
MAR	Dar Bouazza	Semi Marathon de Dar Bouazza	Half Marathon	IAAF rule compliant
MAR	Fes	Semi marathon de Fes	Half Marathon	IAAF rule compliant
MAR	Fes	Marathon international de Fes	Marathon	IAAF rule compliant
MAR	Kenitra	Semi Marathon International de Kenitra	Half Marathon	IAAF rule compliant
MAR	Laayoune	Laayoune Semi Marathon international	Half Marathon	IAAF rule compliant
MAR	Marrakech	Semi Marathon international de Marrakech	Half Marathon	IAAF rule compliant
MAR	Marrakech	Marathon international de Marrakech	Marathon	IAAF rule compliant
MAR	Meknes	Semi Marathon de Meknes	Half Marathon	IAAF rule compliant
MAR	Rabat	African Games 2019 / Half Marathon	Half Marathon	IAAF rule compliant
MAR	Rabat	Semi Marathon de Rabat	Half Marathon	IAAF rule compliant
MAR	Rabat	Marathon international de Rabat	Marathon	IAAF rule compliant
MAR	Safi	Semi marathon international de Safi	Half Marathon	IAAF rule compliant
MAR	Sefrou	Semi Marathon de Sefrou	Half Marathon	IAAF rule compliant
MAR	Tamesna	Semi Marathon international de Tamesna	Half Marathon	IAAF rule compliant
MAR	Tanger	Semi marathon international de Tanger	Half Marathon	IAAF rule compliant
MAR	Tanger	Marathon international de Tanger	Marathon	IAAF rule compliant
MAR	Tantan	Semi Marathon de Tantan	Half Marathon	IAAF rule compliant
MAS	Cyberjaya	The Great Malaysian Half Marathon - Cyberjaya	Half Marathon	IAAF rule compliant
MAS	Cyberjaya	The Great Malaysian Marathon - Cyberjaya	Marathon	IAAF rule compliant
MAS	Georgetown	Penang Bridge Half Marathon	Half Marathon	IAAF rule compliant
MAS	Georgetown	Penang Bridge International Marathon	Marathon	IAAF rule compliant
MAS	Kota Kinabalu	Borneo International Half Marathon	Half Marathon	IAAF rule compliant
MAS	Kota Kinabalu	Borneo International Marathon	Marathon	IAAF rule compliant
MAS	Kuala Lumpur	HSN Half Marathon	Half Marathon	IAAF rule compliant
MAS	Kuala Lumpur	Score Run Kuala Lumpur	Half Marathon	IAAF rule compliant
MAS	Kuala Lumpur	Standard Chartered Kuala Lumpur Half Marathon	Half Marathon	IAAF rule compliant
MAS	Kuala Lumpur	Standard Chartered Kuala Lumpur Marathon	Marathon	IAAF rule compliant



**LIST OF IAAF CERTIFIED MARATHON AND HALF MARATHON COURSES**  
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 (includes 25km and 30km courses valid for Marathon World Rankings)



Country	City	Name of Race	Event	Drop and Separation
MAS	Kuching	Kuching Half Marathon	Half Marathon	IAAF rule compliant
MAS	Kuching	Kuching Marathon	Marathon	IAAF rule compliant
MAS	Putrajaya	Putrajaya Night Half Marathon	Half Marathon	IAAF rule compliant
MAS	Putrajaya	SCORE Half Marathon	Half Marathon	IAAF rule compliant
MAS	Putrajaya	Putrajaya Night Marathon	Marathon	IAAF rule compliant
MAS	Putrajaya	SCORE Marathon	Marathon	IAAF rule compliant
MAS	Shah Alam	Malaysia Women Marathon	Marathon	IAAF rule compliant
MDA	Chisinau	Chisinau international Marathon	Marathon	IAAF rule compliant
MEX	Aguascalientes	Maratón Aguascalientes	Marathon	IAAF rule compliant
MEX	Avándaro Valle de Bravo	Medio Maratón de Verano	Half Marathon	IAAF rule compliant
MEX	Cajititla	Medio Maratón Internacional Tlajomulco Cajititla	Half Marathon	Separation >50%
MEX	Cancún	Medio Maratón de la Mujer	Half Marathon	IAAF rule compliant
MEX	Celaya	Maratón del Centenario de las B. de Celaya	Marathon	IAAF rule compliant
MEX	Chihuahua	Medio Maratón Arriba Chihuahua	Half Marathon	IAAF rule compliant
MEX	Ciudad Juárez	7mo Medio Maratón Int'l Gas Natural de Juárez	Half Marathon	IAAF rule compliant
MEX	Ciudad Juárez	7mo Maratón Int'l Gas Natural de Juárez	Marathon	IAAF rule compliant
MEX	Culiacan	Maratón Internacional Culiacan	Marathon	IAAF rule compliant
MEX	Guachochi	Ultramaratón de las Cañones (21.0975 km)	Half Marathon	Separation >50%
MEX	Guadalajara	Medio Maratón Atlas	Half Marathon	IAAF rule compliant
MEX	Guadalajara	Maratón Guadalajara Megacable	Marathon	IAAF rule compliant
MEX	Guayaquil	Rock and Roll Querétaro Half Mar.	Half Marathon	IAAF rule compliant
MEX	Hermosillo	Gran Maratón Hermosillo Half Maratón	Half Marathon	IAAF rule compliant
MEX	Hermosillo	Gran Maratón Hermosillo	Marathon	IAAF rule compliant
MEX	Juarez	Maratón Internacional de Juárez 30k	30 km	IAAF rule compliant
MEX	Juarez	Juarez Half Marathon	Half Marathon	IAAF rule compliant
MEX	Juarez	Maratón Int'l de Juárez	Marathon	IAAF rule compliant
MEX	León	Maratón León Guiar	Marathon	IAAF rule compliant
MEX	Mazatlán	Gran Maratón Pacifico	Marathon	IAAF rule compliant
MEX	Mérida	Mérida Maratón Half Maratón	Half Marathon	IAAF rule compliant
MEX	Mérida	Mérida Maratón	Marathon	IAAF rule compliant
MEX	Mexicali	Medio Maratón Cetys Zorros	Half Marathon	IAAF rule compliant
MEX	Mexicali	Medio Maratón Ciudad de Mexicali	Half Marathon	IAAF rule compliant
MEX	Mexicali	Maratón Gobernador Francisco Vega de Lamadrid	Marathon	IAAF rule compliant
MEX	México City	Medio Maratón CDMX	Half Marathon	IAAF rule compliant
MEX	México City	Maratón Ciudad de México	Marathon	Downhill (-1.3 m/km)
MEX	Monterrey	21K Nuevo León	Half Marathon	IAAF rule compliant
MEX	Nuevo Vallarta	Medio Maratón Turístico Riviera Nayarit	Half Marathon	IAAF rule compliant
MEX	Puerto Vallarta	Maratón Puerto Vallarta	Marathon	IAAF rule compliant
MEX	Querétaro	Querétaro Marathon	Marathon	IAAF rule compliant
MEX	Rosarito	Medio Maratón Internacional Rosarito	Half Marathon	IAAF rule compliant
MEX	Saltillo	21k Coahuila	Half Marathon	IAAF rule compliant
MEX	San Luis Potosí	Maratón Tangamanga / Half Marathon	Half Marathon	IAAF rule compliant
MEX	San Luis Potosí	Maratón Tangamanga	Marathon	IAAF rule compliant
MEX	Tecate	Medio Maratón Internacional Tecate-Aries 2019	Half Marathon	IAAF rule compliant
MEX	Tehuacán	Medio Maratón Varmex	Half Marathon	IAAF rule compliant
MEX	Tehuacán	Maratón Varmex	Marathon	IAAF rule compliant
MEX	Tijuana	Medio Maratón Internacional Tijuana	Half Marathon	IAAF rule compliant
MEX	Tlajomulco de Zúñiga	Medio Maratón Tlajomulco	Half Marathon	IAAF rule compliant
MEX	Toluca	Gran Maratón Mexiquense Medio Maratón	Half Marathon	IAAF rule compliant
MEX	Toluca	Gran Maratón Mexiquense	Marathon	IAAF rule compliant
MEX	Torreón	Maratón LALA	Marathon	IAAF rule compliant
MEX	Villahermosa	Medio Maratón Int'l Villahermosa	Half Marathon	IAAF rule compliant
MEX	Villahermosa	Maratón de Tabasco #Yo Corro 3n la Depo	Marathon	IAAF rule compliant
MEX	Zapopan	Zapopan 21k	Half Marathon	IAAF rule compliant
MKD	Skopje	Wizz Air Skopje Half Marathon	Half Marathon	IAAF rule compliant
MKD	Skopje	Wizz Air Skopje Marathon	Marathon	IAAF rule compliant
MNE	Podgorica	Podgorica Half Marathon	Half Marathon	IAAF rule compliant
MNE	Podgorica	Podgorica Marathon	Marathon	IAAF rule compliant
MNE	Prilep	The Postal Half Marathon	Half Marathon	IAAF rule compliant
MNE	Prilep	The Postal Marathon	Marathon	IAAF rule compliant
MOZ	Maputo	Meia Maratona Internacional de Maputo	Half Marathon	IAAF rule compliant
MRI	Mauritius	Mauritius Marathon	Marathon	IAAF rule compliant
MRI	Rodrigues Island	Indian Ocean Island Games Half Marathon	Half Marathon	IAAF rule compliant
NAM	Omaruru	Navachab Half Marathon	Half Marathon	IAAF rule compliant
NAM	Swakopmund	AUSC Region 5 Marathon	Marathon	IAAF rule compliant
NAM	Swakopmund	Husab Marathon	Marathon	IAAF rule compliant
NAM	Swakopmund	Lucky Star Marathon	Marathon	IAAF rule compliant
NAM	Swakopmund	Rio Tinto Marathon	Marathon	IAAF rule compliant
NAM	Swakopmund	Rössing Marathon	Marathon	IAAF rule compliant
NAM	Swakopmund	Rössing Half Marathon	Marathon	IAAF rule compliant
NCA	Managua	Maratón de los Juegos Centroamericanos	Marathon	IAAF rule compliant
NED	Amsterdam	TCS Amsterdam Half Marathon	Half Marathon	IAAF rule compliant
NED	Amsterdam	TCS Amsterdam Marathon	Marathon	IAAF rule compliant
NED	Breda	Bredase Singelloop Half Marathon	Half Marathon	IAAF rule compliant
NED	Curaçao	KLM Curaçao Half Marathon	Half Marathon	IAAF rule compliant
NED	Curaçao	KLM Curaçao Marathon	Marathon	IAAF rule compliant
NED	Den Haag	NN City-Pier-City Loop Den Haag	Half Marathon	IAAF rule compliant
NED	Dronten	Leisure World Kerstloop Dronten	Half Marathon	IAAF rule compliant
NED	Eindhoven	Half Marathon Eindhoven powered by ASM	Half Marathon	IAAF rule compliant
NED	Eindhoven	Marathon Eindhoven powered by ASM	Marathon	IAAF rule compliant
NED	Enschede	Enschede Half Marathon	Half Marathon	IAAF rule compliant
NED	Enschede	Enschede Marathon	Marathon	IAAF rule compliant
NED	Leiden	Leiden Marathon	Marathon	IAAF rule compliant
NED	Rotterdam	NN Marathon Rotterdam	Marathon	IAAF rule compliant
NED	Spijkenisse	Spijkenisse SPATK Marathon	Marathon	IAAF rule compliant
NED	Tilburg	Tilburg Half Marathon	Half Marathon	IAAF rule compliant
NED	Tilburg	Tilburg Marathon	Marathon	IAAF rule compliant
NED	Utrecht	Utrecht Half Marathon	Half Marathon	IAAF rule compliant
NED	Utrecht	Utrecht Marathon	Marathon	IAAF rule compliant
NED	Venlo	Venloop Half Marathon	Half Marathon	IAAF rule compliant

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Updated 18 October 2019

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Country	City	Name of Race	Event	Drop and Separation
NED	Zwolle	Zwolve Halve Marathon	Half Marathon	IAAF rule compliant
NGR	Abuja	Abuja City Marathon	Marathon	IAAF rule compliant
NGR	Lagos	Access Bank Lagos City Marathon	Half Marathon	IAAF rule compliant
NGR	Onitsha	Onitsha 21.1km road race	Half Marathon	IAAF rule compliant
NOR	Knarvikmila	Knarvikmila Marathon	Marathon	IAAF rule compliant
NOR	Longyearbyen	Spitsbergen Marathon and Half Marathon C	Half Marathon	IAAF rule compliant
NOR	Longyearbyen	Longyearbyen Marathon	Marathon	IAAF rule compliant
NOR	Stavanger	3-Sjoerslopet	Half Marathon	IAAF rule compliant
NOR	Stavanger	Stavanger Half Marathon	Half Marathon	IAAF rule compliant
NOR	Stavanger	Stavanger Marathon	Marathon	IAAF rule compliant
NOR	Tromso	Polar Night Half Marathon	Half Marathon	IAAF rule compliant
NZL	Auckland	Auckland Half Marathon	Half Marathon	IAAF rule compliant
NZL	Auckland	Waterfront Half Marathon	Half Marathon	IAAF rule compliant
NZL	Auckland	Auckland Marathon	Marathon	IAAF rule compliant
NZL	Christchurch	Christchurch Half Marathon	Half Marathon	IAAF rule compliant
NZL	Christchurch	Christchurch Marathon	Marathon	IAAF rule compliant
NZL	Coatesville	Coatesville Half Marathon	Half Marathon	IAAF rule compliant
NZL	Wellington	Wellington Half Marathon	Half Marathon	IAAF rule compliant
NZL	Wellington	Wellington Marathon	Marathon	IAAF rule compliant
NZL	Whanganui	Three Bridges Half Marathon	Half Marathon	IAAF rule compliant
NZL	Whanganui	Three Bridges Marathon	Marathon	IAAF rule compliant
OMA	Muscat	Al Mouj Muscat Half Marathon	Half Marathon	IAAF rule compliant
OMA	Muscat	Al Mouj Muscat Marathon	Marathon	IAAF rule compliant
PAN	Panama City	Gatorade Panamá Int'l Half Mar.	Half Marathon	IAAF rule compliant
PAN	Panama City	Maratón Internacional de Panamá	Marathon	IAAF rule compliant
PAR	Asunción	Media Maratón Int'l Ciudad de Asuncion	Half Marathon	IAAF rule compliant
PAR	Asunción	Asunción International Marathon	Marathon	IAAF rule compliant
PER	Arequipa	Maratón Virgen de la Candelaria Arequipa	Marathon	IAAF rule compliant
PER	Lima	Media Maratón de Lima	Half Marathon	IAAF rule compliant
PER	Lima	Marathon de Los Juegos Panamericanos	Marathon	IAAF rule compliant
PER	Lima	Maratón Movistar Lima 42K	Marathon	IAAF rule compliant
PER	Lima	Maratón Popular de Lima - Mapoli	Marathon	IAAF rule compliant
PHI	Cebu	National Milo Half Marathon - Cebu Final	Half Marathon	IAAF rule compliant
PHI	Cebu	National Milo Marathon - Cebu Final	Marathon	IAAF rule compliant
PHI	Clark	Clark Sunset Half Marathon	Half Marathon	IAAF rule compliant
PHI	Clark	Clark Sunset Marathon	Marathon	IAAF rule compliant
PHI	Clark, Pampanga	Clark Animo Half Marathon	Half Marathon	IAAF rule compliant
PHI	Clark, Pampanga	Clark Animo Marathon	Marathon	IAAF rule compliant
PHI	Iloilo	Milo Iloilo Half Marathon	Half Marathon	IAAF rule compliant
PHI	Iloilo	National MILO Marathon Final, Iloilo	Marathon	IAAF rule compliant
PHI	Manila	Milo Half Marathon Manila Elimination Race	Half Marathon	IAAF rule compliant
PHI	Manila	Milo Marathon Manila Elimination Race	Marathon	IAAF rule compliant
PLE	Bethlehem	Free Movement Bethlehem Half Marathon	Half Marathon	IAAF rule compliant
PLE	Bethlehem	Free Movement Palestine Bethlehem Marathon	Marathon	IAAF rule compliant
PLE	Jericho	Moon under the Sea Run - Jericho Half Marathon	Half Marathon	IAAF rule compliant
POL	Bialystok	PKO Bialystok Half Marathon	Half Marathon	IAAF rule compliant
POL	Bydgoszcz	Bydgoszcz Half Marathon	Half Marathon	IAAF rule compliant
POL	Chorzow	Silesia Half Marathon	Half Marathon	IAAF rule compliant
POL	Chorzow	Silesia Marathon	Marathon	IAAF rule compliant
POL	Gdynia	Onico Gdynia Half Marathon	Half Marathon	IAAF rule compliant
POL	Krakow	Cracovia Royal Half Marathon	Half Marathon	IAAF rule compliant
POL	Krakow	Cracovia Marathon	Marathon	IAAF rule compliant
POL	Krynica-Zdroj	Half Marathon of the Running Festival	Half Marathon	IAAF rule compliant
POL	Krynica-Zdroj	Koral Marathon	Marathon	IAAF rule compliant
POL	Lodz	DOZ Lodz Marathon	Marathon	IAAF rule compliant
POL	Pila	Pila Marathon	Marathon	IAAF rule compliant
POL	Poznan	Poznan Half Marathon	Half Marathon	IAAF rule compliant
POL	Poznan	Poznan Marathon	Marathon	IAAF rule compliant
POL	Torun	Indoor World Masters Championships - Half Marathon	Half Marathon	IAAF rule compliant
POL	Warsaw	Warsaw Half Marathon	Half Marathon	IAAF rule compliant
POL	Warsaw	ORLEN Warsaw Marathon	Marathon	IAAF rule compliant
POL	Warsaw	PZU Maraton Warszawski	Marathon	IAAF rule compliant
POL	Wroclaw	Wroclaw Night Half Marathon	Half Marathon	IAAF rule compliant
POL	Wroclaw	PKO Wroclaw Marathon	Marathon	IAAF rule compliant
POR	Cascais	Meia Maratona de Cascais	Half Marathon	IAAF rule compliant
POR	Funchal	Maratona do Funchal - Madeira	Marathon	Downhill (-1.4 m/km)
POR	Lisboa	Meia Maratona dos Descobrimientos	Half Marathon	IAAF rule compliant
POR	Lisbon	EDP Meia Maratona de Lisboa	Half Marathon	IAAF rule compliant
POR	Lisbon	Meia Maratona de Portugal	Half Marathon	IAAF rule compliant
POR	Lisbon	EDP Maratona de Lisboa	Marathon	Separation >50%
POR	Porto	Porto Meia Maratona	Half Marathon	IAAF rule compliant
POR	Porto	Porto Marathon	Marathon	IAAF rule compliant
POR	Santander	EDP Rock'n'roll meia maratona Santander Totta	Half Marathon	IAAF rule compliant
PRK	Pyeongyang	Mangyongdae Prize International Marathon	Marathon	IAAF rule compliant
PUR	Carolina	Lola Challenge Weekend Half Mar.	Half Marathon	IAAF rule compliant
QAT	Doha	Ooredoo Doha Half Marathon	Half Marathon	IAAF rule compliant
QAT	Doha	IAAF World Championships 2019 - Marathon	Marathon	IAAF rule compliant
QAT	Doha	Ooredoo Doha Marathon	Marathon	IAAF rule compliant
ROU	Brasov	Brasov Half Marathon	Half Marathon	IAAF rule compliant
ROU	Brasov	Brasov Marathon	Marathon	IAAF rule compliant
ROU	Bucharest	Bucharest International 10K's Half Marathon	Half Marathon	IAAF rule compliant
ROU	Bucharest	Volkswagen Bucharest Half Marathon	Half Marathon	IAAF rule compliant
ROU	Bucharest	Raiffeisen Bucharest Marathon	Marathon	IAAF rule compliant
ROU	Cluj Napoca	Half Maratonul international Cluj Napoca	Half Marathon	IAAF rule compliant
ROU	Cluj Napoca	Maratonul international Cluj Napoca	Marathon	IAAF rule compliant
RSA	Cape Town	Cape Town Half Marathon	Half Marathon	IAAF rule compliant
RSA	Cape Town	Peninsula Half Marathon	Half Marathon	IAAF rule compliant
RSA	Cape Town	Two Oceans Half Marathon	Half Marathon	IAAF rule compliant
RSA	Cape Town	Peninsula Marathon	Marathon	IAAF rule compliant
RSA	Cape Town	Sanlam Cape Town Marathon	Marathon	IAAF rule compliant

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*Updated 18 October 2019*

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Country	City	Name of Race	Event	Drop and Separation
RSA	Durban	Ballito to Durban Half Marathon	Half Marathon	Downhill (-5.0 m/km), Separation >50%
RSA	Durban	Ballito to Durban Marathon	Marathon	Downhill (-3.0 m/km), Separation >50%
RSA	East London	Legends Half Marathon	Half Marathon	IAAF rule compliant
RSA	East London	Buffalo Marathon	Marathon	IAAF rule compliant
RSA	East London	Legends Marathon	Marathon	IAAF rule compliant
RSA	Edenvale, Johannesburg	Sarens Half Marathon	Half Marathon	IAAF rule compliant
RSA	Edenvale, Johannesburg	Sarens Marathon	Marathon	IAAF rule compliant
RSA	Johannesburg	Johnson Crane Half Marathon	Half Marathon	IAAF rule compliant
RSA	Johannesburg	Johnson Crane Marathon	Marathon	IAAF rule compliant
RSA	Marikana	Platinum Belt Marathon	Marathon	Separation >50%
RSA	Mossel Bay	Petro SA Half Marathon	Half Marathon	IAAF rule compliant
RSA	Mossel Bay	Petro SA Marathon	Marathon	IAAF rule compliant
RSA	Pietermaritzburg	Mandela Day Half Marathon	Half Marathon	Downhill (-4.0 m/km)
RSA	Pietermaritzburg	Maritzburg Half Marathon	Half Marathon	IAAF rule compliant
RSA	Pietermaritzburg	Mandela Day Marathon	Marathon	IAAF rule compliant
RSA	Pietermaritzburg	Maritzburg Marathon	Marathon	IAAF rule compliant
RSA	Port Elizabeth	ASA Half Marathon Championships	Half Marathon	IAAF rule compliant
RSA	Port Elizabeth	Port Elizabeth Half Marathon	Half Marathon	IAAF rule compliant
RSA	Rustenburg	Platinum Belt Half Marathon	Half Marathon	Separation >50%
RSA	Schoemansville	Om Die Dam Half Marathon	Half Marathon	IAAF rule compliant
RSA	Soweto	Soweto Half Marathon	Half Marathon	IAAF rule compliant
RSA	Umtata	Umtata Half Marathon	Half Marathon	Downhill (-5.0 m/km)
RSA	Vaal	Vaal Half Marathon	Half Marathon	IAAF rule compliant
RSA	Vereeniging	Vaal Half Marathon	Half Marathon	IAAF rule compliant
RSA	Vereeniging	Vaal Marathon	Marathon	IAAF rule compliant
RUS	Almaty	Almaty Half Marathon	Half Marathon	IAAF rule compliant
RUS	Almaty	Almaty Marathon	Marathon	IAAF rule compliant
RUS	Ekaterinburg	Europe-Asia International Marathon	Marathon	IAAF rule compliant
RUS	Kazan	Kazan Half Marathon	Half Marathon	IAAF rule compliant
RUS	Kazan	Kazan Marathon	Marathon	IAAF rule compliant
RUS	Khanty-Mansiysk	Khanty-Mansiysk Marathon	Marathon	IAAF rule compliant
RUS	Moscow	Moscow Half Marathon	Half Marathon	IAAF rule compliant
RUS	Moscow	Absolute Moscow Marathon	Marathon	IAAF rule compliant
RUS	Omsk	Omsk Half Marathon	Half Marathon	IAAF rule compliant
RUS	Omsk	Omsk Marathon	Marathon	IAAF rule compliant
RUS	Perm	Perm Marathon	Marathon	IAAF rule compliant
RUS	Rosa Khutor	Half Marathon Rosa 777	Half Marathon	IAAF rule compliant
RUS	Saint-Petersburg	White Nights Marathon Saint-Petersburg	Marathon	IAAF rule compliant
RUS	Sochi	Half Marathon Sochi	Half Marathon	IAAF rule compliant
RUS	Sochi	Sochi Autodrom Half Marathon	Half Marathon	IAAF rule compliant
RUS	Sochi	Sochi Marathon	Marathon	IAAF rule compliant
RUS	St Petersburg	Half Marathon Zabeg	Half Marathon	IAAF rule compliant
RUS	St Petersburg	SPB Half Marathon 'The Northern Capital'	Half Marathon	IAAF rule compliant
RUS	Tula	Tula Half Marathon	Half Marathon	IAAF rule compliant
RUS	Tula	Tula Marathon	Marathon	IAAF rule compliant
RUS	Tyumen	Tyumen Half Marathon "Steel Character"	Half Marathon	IAAF rule compliant
RUS	Ulyanovsk	Ulyanovsk Half Marathon	Half Marathon	IAAF rule compliant
RUS	Yaroslavl	Golden Ring Yaroslavl Half Marathon	Half Marathon	IAAF rule compliant
RUS	Yaroslavl	Golden Ring Yaroslavl Marathon	Marathon	IAAF rule compliant
RWA	Kigali	Kigali international peace run	Marathon	IAAF rule compliant
SEN	Dakar	Semi Marathon Eiffage de Dakar	Half Marathon	IAAF rule compliant
SEN	Dakar	Marathon Eiffage de Dakar	Marathon	IAAF rule compliant
SEY	Seychelles	Seychelles Half Marathon	Half Marathon	IAAF rule compliant
SEY	Seychelles	Seychelles Marathon	Marathon	IAAF rule compliant
SGP	Singapore	Standard Chartered Singapore Half Marathon	Half Marathon	IAAF rule compliant
SGP	Singapore	Standard Chartered Singapore Marathon	Marathon	IAAF rule compliant
SLO	Bistrica	Bistrica Marathon	Marathon	IAAF rule compliant
SLO	Izola	Istrski Half Marathon	Half Marathon	IAAF rule compliant
SLO	Izola	Istrski Maraton	Marathon	IAAF rule compliant
SLO	Koper	Istrski Half Marathon	Half Marathon	IAAF rule compliant
SLO	Koper	Istrski Marathon	Marathon	IAAF rule compliant
SLO	Ljubljana	Ljubljana Marathon	Marathon	IAAF rule compliant
SLO	Ljubljana	Ljubljana Half Marathon	Half Marathon	IAAF rule compliant
SLO	Maribor	1st Run4Motion Half Marathon Maribor	Half Marathon	IAAF rule compliant
SLO	Maribor	Maribor Marathon	Marathon	IAAF rule compliant
SLO	Novo Mesto	Novo Mesto Half Marathon	Half Marathon	IAAF rule compliant
SLO	Ormoz	Ormoz Half Marathon	Half Marathon	IAAF rule compliant
SLO	Ormoz	Ormoz Marathon	Marathon	IAAF rule compliant
SLO	Portoroz	Istrski Marathon	Marathon	IAAF rule compliant
SLO	Portoroz	Istrski Half Marathon	Half Marathon	Separation >50%
SLO	Radenci	Three Hearts Half Marathon	Half Marathon	IAAF rule compliant
SLO	Radenci	Radenci Marathon	Marathon	IAAF rule compliant
SRB	Apatin	Apatin Danube Half Marathon	Half Marathon	IAAF rule compliant
SRB	Belgrade	Belgrade Half Marathon	Half Marathon	IAAF rule compliant
SRB	Belgrade	Serbian City Half Marathon	Half Marathon	IAAF rule compliant
SRB	Belgrade	Belgrade Marathon	Marathon	IAAF rule compliant
SRB	Belgrade	Serbian City Marathon	Marathon	IAAF rule compliant
SLO	CacaK	Trka Ca (Cacak Half Marathon)	Cacak	IAAF rule compliant
SRB	Jagodina	Jagodina Half Marathon	Half Marathon	IAAF rule compliant
SRB	Jagodina	Jagodina Marathon	Marathon	IAAF rule compliant
SRB	Kostolac	Kostolac Viminacijum	Half Marathon	IAAF rule compliant
SRB	Kovacica	Kovacica Half Marathon	Half Marathon	IAAF rule compliant
SRB	Kragujevac	Kragujevac Half Marathon	Half Marathon	IAAF rule compliant
SRB	Krusevac	Krusevac Half Marathon	Half Marathon	IAAF rule compliant
SRB	Novi Sad	Novi Sad Half Marathon	Half Marathon	IAAF rule compliant
SRB	Novi Pazar	Pazarski Polumarathon	Half Marathon	IAAF rule compliant
SRB	Svilajnac	Svilajnac Half Marathon	Half Marathon	IAAF rule compliant
SRB	Vranje	Vranje Half Marathon	Half Marathon	IAAF rule compliant
SRB	Vranje	Vranje Marathon	Marathon	IAAF rule compliant
SRB	Zrenjanin	Zrenjanin Half Marathon	Half Marathon	IAAF rule compliant

**LIST OF IAAF CERTIFIED MARATHON AND HALF MARATHON COURSES**

*Updated 18 October 2019*

(includes 25km and 30km courses valid for Marathon World Rankings)



Country	City	Name of Race	Event	Drop and Separation
SRI	Colombo	Colombo Half Marathon	Half Marathon	IAAF rule compliant
SRI	Colombo	Colombo Marathon	Marathon	IAAF rule compliant
SUI	Geneve	Geneve Marathon	Marathon	Downhill (-1.1 m/km)
SUI	Greifensee	Greifensee Half Marathon	Half Marathon	IAAF rule compliant
SUI	Lausanne	Lausanne Marathon	Marathon	IAAF rule compliant
SUI	Lucerne	SwissCityMarathon-Lucerne - Half Marathon	Half Marathon	IAAF rule compliant
SUI	Lucerne	SwissCityMarathon-Lucerne	Marathon	IAAF rule compliant
SUI	Zurich	Neujahrsmarathon Zurich Half Marathon	Half Marathon	IAAF rule compliant
SUI	Zurich	Zurich Marathon	Marathon	IAAF rule compliant
SUR	Paramaribo	South America Half Marathon Championships	Half Marathon	IAAF rule compliant
SVK	Bratislava	CSOB Bratislava Marathon	Marathon	IAAF rule compliant
SVK	Kosice	Kosice Peace Half Marathon	Half Marathon	IAAF rule compliant
SVK	Kosice	Kosice Peace Marathon	Marathon	IAAF rule compliant
SWE	Goteborg	Goteborgs Varvet	Half Marathon	IAAF rule compliant
SWE	Stockholm	ASICS Stockholm Marathon	Marathon	IAAF rule compliant
TAN	Moshi	Kilimanjaro Premium Lager Half Marathon	Half Marathon	IAAF rule compliant
TAN	Moshi	Kilimanjaro Premium Lager Marathon	Marathon	IAAF rule compliant
TAN	Stone Town	Stone Town Half Marathon	Half Marathon	IAAF rule compliant
TAN	Stone Town	Stone Town Marathon	Marathon	IAAF rule compliant
THA	Bang Plat, Bangkok	Bangkok Women's Run	Half Marathon	IAAF rule compliant
THA	Bangkok	Bangkok Midnight Half Marathon	Half Marathon	IAAF rule compliant
THA	Bangkok	BDMS Bangkok Half Marathon	Half Marathon	IAAF rule compliant
THA	Bangkok	Bangkok Midnight Marathon	Marathon	IAAF rule compliant
THA	Bangkok	BDMS Bangkok Marathon	Marathon	IAAF rule compliant
THA	Bangsaen	Bangsaen21	Half Marathon	IAAF rule compliant
THA	Buriram	Buriram Marathon	Marathon	IAAF rule compliant
THA	Chanthaburi	Chanthaburi Scenic Half Marathon	Half Marathon	IAAF rule compliant
THA	Chanthaburi	Chanthaburi Scenic Marathon	Marathon	IAAF rule compliant
THA	Chom Bueng	Chom Bueng Half Marathon	Half Marathon	IAAF rule compliant
THA	Chom Bueng	Chom Bueng Marathon	Marathon	IAAF rule compliant
THA	Chonburi	Buriram Half Marathon	Half Marathon	IAAF rule compliant
THA	Chonburi	Bangsaen42	Marathon	IAAF rule compliant
THA	Kanchanaburi	River Kwai Half Marathon	Half Marathon	IAAF rule compliant
THA	Krabi	Krabi Marathon	Marathon	IAAF rule compliant
THA	Krabi	Krabi Half Marathon	Half Marathon	IAAF rule compliant
THA	Khon Kaen	Khon Kaen International Marathon	Marathon	IAAF rule compliant
THA	Laem Sadet	Khung Wiman Half Marathon	Half Marathon	IAAF rule compliant
THA	Mueang Kanchanaburi	River Kwai Half Marathon / Thailand Championships	Half Marathon	IAAF rule compliant
THA	Phuket	Laguna Phuket Half Marathon	Half Marathon	IAAF rule compliant
THA	Phuket	Laguna Phuket Marathon	Marathon	IAAF rule compliant
THA	Phuket	Phukethon	Marathon	IAAF rule compliant
TJK	Dushanbe	Dushanbe International Race Half Marathon	Half Marathon	IAAF rule compliant
TKS	Providenciales	Move-A-Thon Half Marathon	Half Marathon	IAAF rule compliant
TKS	Providenciales	Move-A-Thon Marathon	Marathon	IAAF rule compliant
TPE	Fanlu Township	Chiayi Alishan Half Marathon	Half Marathon	IAAF rule compliant
TPE	Kaohsiung City	Kaohsiung International Marathon	Marathon	IAAF rule compliant
TPE	New Taipei City	Wan-Jin-Shi International Marathon	Marathon	IAAF rule compliant
TPE	Tainan City	Tainan Historical Capital International Half Marathon	Half Marathon	IAAF rule compliant
TPE	Tainan City	Tainan Historical Capital International Marathon	Marathon	IAAF rule compliant
TPE	Tainan City	Zengwen Reservoir Marathon	Marathon	IAAF rule compliant
TPE	Taipei City	Taipei Half Marathon	Half Marathon	IAAF rule compliant
TPE	Taipei City	Taipei Marathon	Marathon	IAAF rule compliant
TTO	Chaguanas	Bankers Insurance Half Marathon	Half Marathon	Separation >50%
TTO	Lambeau	Sea to Sea Marathon Half Marathon	Half Marathon	Downhill (-2.2 m/km), Separation >50%
TTO	Lambeau	Sea to Sea Marathon	Marathon	Downhill (-11.8 m/km), Separation >50%
TTO	St. Augustine	UWI-SPEC Half Marathon	Half Marathon	IAAF rule compliant
TUN	Carthage	The Carthage race Half marathon	Half Marathon	IAAF rule compliant
TUN	Carthage	The Carthage Race Marathon	Marathon	IAAF rule compliant
TUN	Sfax	Semi Marathon International Sfax Ville	Half Marathon	IAAF rule compliant
TUN	Sfax	SOPAL Sfax Semi Marathon international des oliviers	Half Marathon	IAAF rule compliant
TUN	Sfax	SOPAL Sfax Marathon international des oliviers	Marathon	IAAF rule compliant
TUN	Sousse	Semi marathon international Tunisia Women s Run	Half Marathon	IAAF rule compliant
TUN	Tunis	Semi Marathon Comar	Half Marathon	IAAF rule compliant
TUN	Tunis	Marathon Comar	Marathon	IAAF rule compliant
TUR	Adana	Half Marathon International Adana	Half Marathon	IAAF rule compliant
TUR	Ankara	International Ankara Democracy Marathon	Marathon	IAAF rule compliant
TUR	Antalya	Runatolia International Half Marathon	Half Marathon	IAAF rule compliant
TUR	Antalya	Runatolia International Marathon	Marathon	IAAF rule compliant
TUR	Batman	Batman Half Marathon	Half Marathon	IAAF rule compliant
TUR	Bodrum	Global Run Bodrum Half Marathon	Half Marathon	IAAF rule compliant
TUR	Bursa	Eker I Run Marathon	Marathon	Downhill (-41.5 m/km), Separation >50%
TUR	Canakkale	I run 4 peace half marathon	Half Marathon	Separation >50%
TUR	Canakkale	I run 4 peace Marathon	Marathon	IAAF rule compliant
TUR	Darica	Darica Half Marathon	Half Marathon	IAAF rule compliant
TUR	Didim	Didim Half Marathon	Half Marathon	IAAF rule compliant
TUR	Erzurum	Erzurum Half marathon	Half Marathon	IAAF rule compliant
TUR	Eskisehir	Ford Otosan Eskisehir Kurtulus Half Marathon	Half Marathon	IAAF rule compliant
TUR	Gaziantep	Gazi Half Marathon	Half Marathon	IAAF rule compliant
TUR	Giresun	Giresun half marathon	Half Marathon	IAAF rule compliant
TUR	Istanbul	Vodafone Istanbul Half Marathon	Half Marathon	IAAF rule compliant
TUR	Istanbul	Istanbul Marathon	Marathon	IAAF rule compliant
TUR	Izmir	Izmir half marathon	Half Marathon	IAAF rule compliant
TUR	Kyrenia	International Kyrenia Half Marathon	Half Marathon	IAAF rule compliant
TUR	Maris	Run Maris Run half Marathon	Half Marathon	IAAF rule compliant
TUR	Mersin	Mersin Half marathon international	Half Marathon	IAAF rule compliant
TUR	Mersin	Mersin Marathon international	Marathon	IAAF rule compliant
TUR	Pamukkale	Pamukkale Half Marathon	Half Marathon	IAAF rule compliant
TUR	Patras	Achaia Half Marathon	Half Marathon	Separation >50%
TUR	Polatli	Gordion Half Marathon	Half Marathon	IAAF rule compliant
TUR	Selcuk	International Ancient City Ephesus Half Marathon	Half Marathon	IAAF rule compliant

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*Updated 18 October 2019*

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Country	City	Name of Race	Event	Drop and Separation
TUR	Tarsus	Tarsus Half Marathon	Half Marathon	IAAF rule compliant
TUR	Trabzon	Trabzon Semi Marathon	Half Marathon	IAAF rule compliant
UAE	Abu Dhabi	Abu Dhabi Half Marathon - Corniche	Half Marathon	IAAF rule compliant
UAE	Abu Dhabi	Al Hundayriat Island Half Marathon	Half Marathon	IAAF rule compliant
UAE	Abu Dhabi	ADNOC Abu Dhabi Marathon	Marathon	IAAF rule compliant
UAE	Dubai	Dubai Marathon	Marathon	IAAF rule compliant
UAE	Ras Al Khaimah	Ras Al Khaimah Half Marathon	Half Marathon	IAAF rule compliant
UAE	Sharjah	Sharjah Half Marathon	Half Marathon	IAAF rule compliant
UAE	Yas Island	Abu Dhabi Striders Half Marathon	Half Marathon	IAAF rule compliant
UKR	Dnipro	Dnipro Half Marathon	Half Marathon	IAAF rule compliant
UKR	Dnipro	Dnipro Marathon	Marathon	IAAF rule compliant
UKR	Kharkiv	Kharkiv Half Marathon	Half Marathon	IAAF rule compliant
UKR	Kharkiv	Kharkiv Marathon	Marathon	IAAF rule compliant
UKR	Kyiv	Bila Tserkva Half Marathon	Half Marathon	IAAF rule compliant
UKR	Kyiv	Bila Tserkva Marathon	Marathon	IAAF rule compliant
UKR	Kyiv	Wizz Air Kyiv City Marathon	Marathon	IAAF rule compliant
URU	Montevideo	Corre Montevideo 21K	Half Marathon	IAAF rule compliant
URU	Montevideo	Maratón Montevideo-MVD	Marathon	IAAF rule compliant
USA	Baltimore, MD	Baltimore Running Festival Half Marathon	Half Marathon	IAAF rule compliant
USA	Baltimore, MD	Baltimore Marathon	Marathon	IAAF rule compliant
USA	Big Sur, CA	Big Sur International Marathon	Marathon	Downhill (-2.2 m/km), Separation >50%
USA	Boston, MA	B.A.A. Half Marathon	Half Marathon	IAAF rule compliant
USA	Boston, MA	Boston Marathon	Marathon	Downhill (-3.2 m/km), Separation >50%
USA	Chattanooga, TN	Chattanooga Marathon	Marathon	IAAF rule compliant
USA	Chicago, IL	Rock 'n' Roll Half Marathon Chicago	Half Marathon	IAAF rule compliant
USA	Chicago, IL	The Bank of America Chicago Mar	Marathon	IAAF rule compliant
USA	Columbus, OH	Columbus Half Marathon	Half Marathon	IAAF rule compliant
USA	Columbus, OH	Columbus Marathon	Marathon	IAAF rule compliant
USA	Corning, NY	Wineglass Half Marathon	Half Marathon	Separation >50%
USA	Corning, NY	Wineglass Marathon	Marathon	Downhill (-1.4 m/km), Separation >50%
USA	Dallas, TX	BMW Dallas Marathon	Marathon	IAAF rule compliant
USA	Detroit, MI	Detroit Free Press / Talmer Bank US Only Half Marathon	Half Marathon	IAAF rule compliant
USA	Detroit, MI	Detroit Free Press / Talmer Bank Marathon	Marathon	IAAF rule compliant
USA	Duluth, MN	Garry Bjorklund Half Marathon	Half Marathon	Separation >50%
USA	Duluth, MN	Grandma's Marathon	Marathon	Separation >50%
USA	El Paso, TX	El Paso Marathon	Marathon	IAAF rule compliant
USA	Eugene, OR	Eugene Marathon	Marathon	IAAF rule compliant
USA	Friday Harbor, WA	San Juan Island Marathon	Marathon	IAAF rule compliant
USA	Grand Rapids, MI	Amway River Bank Run 25K	25 km	IAAF rule compliant
USA	Honolulu, HI	HMSA 30 Kilometers Race Course	30 km	IAAF rule compliant
USA	Honolulu, HI	Honolulu Marathon	Marathon	IAAF rule compliant
USA	Houston, TX	Aramco Houston Half Marathon	Half Marathon	IAAF rule compliant
USA	Houston, TX	Chevron Houston Marathon	Marathon	IAAF rule compliant
USA	Kalepolepo, HI	Valley of the Sea Marathon	Marathon	IAAF rule compliant
USA	Kitty Hawk, NC	Outer Banks Marathon	Marathon	Separation >50%
USA	Lake Buena Vista, FL	Disney D&W Half Marathon	Half Marathon	IAAF rule compliant
USA	Lake Buena Vista, FL	Disney D&W Marathon	Marathon	IAAF rule compliant
USA	Las Vegas, NV	Rock 'n' Roll Las Vegas Half Marathon	Half Marathon	IAAF rule compliant
USA	Las Vegas, NV	Rock 'n' Roll Las Vegas Marathon	Marathon	IAAF rule compliant
USA	Los Angeles, CA	Los Angeles Marathon	Marathon	Separation >50%
USA	Maui, HI	Maui Marathon	Marathon	Separation >50%
USA	Melbourne, FL	Florida Half Marathon	Half Marathon	IAAF rule compliant
USA	Melbourne, FL	Florida Marathon	Marathon	IAAF rule compliant
USA	Miami, FL	North American Intercontinental Marathon	Marathon	IAAF rule compliant
USA	Monterey Bay, CA	Big Sur Half Mar. on Monterey Bay	Half Marathon	IAAF rule compliant
USA	New York, NY	New York City Half	Half Marathon	Separation >50%
USA	New York, NY	New York City Marathon	Marathon	IAAF rule compliant
USA	Orlando, FL	Best Damn Race Half Marathon	Half Marathon	IAAF rule compliant
USA	Philadelphia, PA	Rock 'n' Roll Philadelphia Half Marathon	Half Marathon	IAAF rule compliant
USA	Philadelphia, PA	Philadelphia Marathon	Marathon	IAAF rule compliant
USA	Pittsburgh, PA	Pittsburgh Half Marathon	Half Marathon	IAAF rule compliant
USA	Portland, OR	Portland Marathon	Marathon	IAAF rule compliant
USA	Sacramento	California International Marathon	Marathon	Downhill (-2.2 m/km), Separation >50%
USA	San Antonio, TX	Humana Rock 'n' Roll San Antonio Marathon	Marathon	IAAF rule compliant
USA	San Diego, CA	Rock 'n' Roll San Diego Half Marathon	Half Marathon	IAAF rule compliant
USA	San Diego, CA	Rock 'n' Roll San Diego Marathon	Marathon	IAAF rule compliant
USA	South Lake Tahoe, CA	Lake Tahoe Half Marathon	Half Marathon	Downhill (-7.1 m/km), Separation >50%
USA	South Lake Tahoe, CA	Lake Tahoe Marathon	Marathon	Downhill (-1.6 m/km), Separation >50%
USA	Tempe, AZ	Humana Rock 'n' Roll Arizona Half Marathon	Half Marathon	IAAF rule compliant
USA	Tempe, AZ	Humana Rock 'n' Roll Arizona Marathon	Marathon	IAAF rule compliant
USA	The Woodlands, TX	The Woodlands Half Marathon	Half Marathon	IAAF rule compliant
USA	The Woodlands, TX	The Woodlands Marathon	Marathon	IAAF rule compliant
USA	Vancouver, WA	Apple Tree Half Marathon	Half Marathon	IAAF rule compliant
USA	Vancouver, WA	Apple Tree Marathon	Marathon	IAAF rule compliant
USA	Waco, TX	Silo District Marathon	Marathon	IAAF rule compliant
USA	Wailuku, HI	Valley of the Sea Half Marathon	Half Marathon	IAAF rule compliant
USA	Washington, DC	United Airlines Rock 'n' Roll Half Marathon	Half Marathon	IAAF rule compliant
USA	Washington, DC	Marine Corps Marathon	Marathon	IAAF rule compliant
USA	Washington, DC	United Airlines Rock 'n' Roll Marathon	Marathon	IAAF rule compliant
UZB	Tashkent	International Tashkent Half Marathon	Half Marathon	IAAF rule compliant
VEN	Caracas	Medio Maratón CAF Caracas	Half Marathon	IAAF rule compliant
VEN	Caracas	Maratón Caracas CCS	Marathon	IAAF rule compliant
VEN	Miranda	Media Maratón Francisco de Miranda	Half Marathon	IAAF rule compliant
VIE	Da Nang	Da Nang International Half Marathon	Half Marathon	IAAF rule compliant
VIE	Da Nang	Da Nang International Marathon	Marathon	IAAF rule compliant
VIE	Dong Van, Ha Giang Province	Ha Giang Half Marathon	Half Marathon	IAAF rule compliant
VIE	Dong Van, Ha Giang Province	Ha Giang Marathon	Marathon	IAAF rule compliant
VIE	Ha Long City	Ha Long Bay Half Marathon	Half Marathon	IAAF rule compliant
VIE	Ha Long City	Ha Long Bay Marathon	Marathon	IAAF rule compliant
VIE	Hanoi	VP Bank Hanoi Marathon	Marathon	IAAF rule compliant



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Country	City	Name of Race	Event	Drop and Separation
VIE	Ho Chi Minh City	Techcombank Ho Chi Minh City Half Marathon	Half Marathon	IAAF rule compliant
VIE	Ho Chi Minh City	Ho Chi Minh City International Marathon	Marathon	IAAF rule compliant
VIE	Ho Chi Minh City	Techcombank Ho Chi Minh City International Marathon	Marathon	IAAF rule compliant
VIE	Longbien	Longbien Half Marathon	Half Marathon	IAAF rule compliant
VIE	Longbien	Longbien Marathon	Marathon	IAAF rule compliant
VIE	Quy Nhon	VnExpress Half Marathon Quy Nhon	Half Marathon	IAAF rule compliant
VIE	Quy Nhon	VnExpress Marathon Quy Nhon	Marathon	IAAF rule compliant
ZAM	Lusaka	Lafarge Lusaka Half Marathon	Half Marathon	IAAF rule compliant
ZAM	Lusaka	Lafarge Lusaka Marathon	Marathon	IAAF rule compliant
ZIM	Bulawayo	Matapos Half Marathon	Half Marathon	IAAF rule compliant
ZIM	Victoria Falls	Econet Victoria Falls Half Marathon	Half Marathon	IAAF rule compliant
ZIM	Victoria Falls	Econet Victoria Falls Marathon	Marathon	IAAF rule compliant