

**IAAF WORLD ATHLETICS CHAMPIONSHIPS**  
**DOHA, QAT**  
**27 SEPTEMBER – 6 OCTOBER 2019**



**QUALIFICATION SYSTEM AND ENTRY STANDARDS**

*(As approved by the IAAF Council in December 2018)*

**AGE CATEGORIES**

Under 20 Athletes	Athletes aged 18 or 19 years on 31 December 2019, (i.e. born in 2001 or 2000), may compete in any event except the Marathon and 50km Race Walk.
Under 18 Athletes	Athletes aged 16 or 17 years on 31 December 2019 (born in 2003 or 2002), may compete in any event except the throwing events, the Combined Events, 10,000m, Marathon and the Race Walks.
Athletes younger than 16	No athlete younger than 16 years of age on 31 December 2019 (born in 2004 or later) may be entered.

**QUALIFICATION PERIOD**

- For the 10,000m, Marathon, Race Walks, Relays and Combined Events: from 7 March 2018 to midnight 6 September 2019 (regardless of the time zone)
- For all other events: from 7 September 2018 to midnight 6 September 2019 (regardless of the time zone)

**INDIVIDUAL ATHLETES**

Individual Athletes can qualify in one of four ways:

1. Automatically by achieving the **Entry Standard** within the qualification period in accordance with criteria decided by IAAF
2. Based on the **finishing position at designated competitions** as follows (in these cases the athletes shall also be considered as having achieved the Entry Standard):
  - The **Area Champions** in all the individual events (except for the Marathons). However, in the case of 10,000m, 3000mSC, Combined Events, Field Events and Road Events, the entry will be subject to the approval of the Technical Delegates, based on the athlete's level. The Member Federation of the Area Champion will have the ultimate authority to enter the athlete or not, based on its own selection criteria. For details see later.
  - For the **10,000m**, the top 15 athletes finishing in the senior Men's and Women's races at the IAAF World Cross Country Championships Aarhus 2019.
  - For the **Marathons**, the top 10 finishers at the IAAF Gold Label Marathons held in the qualification period.
3. By **Wild Card** as:
  - Reigning World Outdoor Champion
  - Winner of the 2019 IAAF Diamond League
  - Leader (as at closing date of the qualification period):
    - IAAF Hammer Throw Challenge
    - IAAF Race Walk Challenge
    - IAAF Combined Events Challenge

If both are from the same country, only one of the two athletes can be entered with this Wild Card. If a Member Federation has four athletes in one event as a result of this regulation, all four will be permitted to compete.

4. As a result of being among the best ranked athletes as per the **IAAF Top Performance Lists** within the respective qualification periods. **This does not apply to the 10,000m, Marathons and Race Walks** where entries will continue to be administered by Entry Standards only.

### **Individual Athletes Ranking Process**

Following the end of the qualification period, the IAAF shall assess the number of athletes having qualified in accordance with § 1, 2 and 3 above, plus the unqualified athletes. In order to reach the established ideal number of athletes by event, respecting the maximum quota by Member Federation, the IAAF shall then identify the athletes qualified by virtue of their position in the top performance lists. The IAAF shall, within 24 hours of the closing of the **Qualification Period**, notify the Member Federations concerned by email to the official email address ([xxx@mf.iaaf.org](mailto:xxx@mf.iaaf.org)) and replies shall be expected within 24 hours. Upon refusals or cancellations, the next eligible athlete will be identified at the sole and exclusive discretion of the IAAF.

### **RELAY TEAMS**

Each Member Federation will be allowed to enter one qualified team in each relay event, subject to the below. A total of six athletes may be entered and these must include the individual athletes (up to four) entered in the respective individual event (100m and 400m). This does not apply to the Mixed 4x400m.

Relay Teams can qualify in one of two ways:

1. First ten (twelve in the Mixed 4x400m) placed teams at the **2019 IAAF World Relays**.
2. Be one of the best ranked teams at the end of the qualification period to fill the remaining places (six or four). For the purpose of being ranked, the results of relay races shall be valid only on condition that they are part of a competition staged in compliance with IAAF Rules and that at least two different international teams, representing at least two countries, compete in the race.

### **Relays Ranking Process**

Following the end of the qualification period and knowing the Relay Teams that have qualified from the IAAF World Relays 2019 and those eventually entered by the Host Country, the IAAF shall identify the teams qualified by virtue of their ranking position (according to the best performances in the whole qualification period). The IAAF shall, within 24 hours of the closing of the Qualification Period, notify the Member Federations concerned by email to the official email address ([xxx@mf.iaaf.org](mailto:xxx@mf.iaaf.org)) and replies shall be expected within 24 hours. Upon refusals or cancellations, the next eligible relay team will be identified at the sole and exclusive discretion of the IAAF.

### **UNQUALIFIED ATHLETES**

The participation of **unqualified athletes** (including host country) shall be administered as follows:

- Members who have no male and/or no female athletes who have achieved the Entry Standard or considered as having achieved the Entry Standard (see above) or qualified relay team, may enter one unqualified male athlete OR one unqualified female athlete in

one event of the Championships (except the Road Events and Field Events [see below], Combined Events, 10,000m and 3000m Steeplechase).

- Members whose best athlete excels in a **Field Event or Road Event**, may submit to the IAAF the name of their athlete whom they would like to enter together with their best performance during the qualification period. The Technical Delegates will decide whether or not to accept such entry and, to do so, may seek the opinion of the relevant Area Association.
- If the **Host Country** does not have an athlete who has achieved the Entry Standard in an event, or a qualified Relay Team, it may enter one athlete (or Relay Team) in that event, with the exception of the Combined Events and Field Events where the above shall apply.
- In all cases the name and event of the unqualified athlete must be submitted no later than **26 August 2019** to [events@iaaf.org](mailto:events@iaaf.org).

#### TARGET NUMBER OF ATHLETES / TEAMS BY EVENT

Events	Target Number
100m ( <i>not including the unqualified athletes</i> )	48
200m	56
400m, 800m	48
1500m, 3000mSC	45
5000m	42
10,000m	27
100mH, 110mH, 400mH	40
Field Events	32
Combined Events	24
Marathons	100
20km Race Walk	60
50km Race Walk (Men and Women combined total)	80 (50 Men + 30 Women)
Relays	16

#### ENTRY STANDARDS

Men	Event	Women
10.10	100m	11.24
20.40	200m	23.02
45.30	400m	51.80
1:45.80	800m	2:00.60
3:36.00 (3:53.10)	1500m ( <i>Mile</i> )	4:06.50 (4:25.20)
13:22.50	5000m	15:22.00
27:40.00	10,000m	31:50.00
2:16:00	Marathon	2:37:00
8:29.00	3000m SC	9:40.00
13.46	110m H / 100m H	12.98
49:30	400m H	56.00
2.30	High Jump	1.94
5.71	Pole Vault	4.56
8.17	Long Jump	6.72
16.95	Triple Jump	14.20
20.70	Shot Put	18.00
65.00	Discus Throw	61.20
76.00	Hammer Throw	71.00

83.00	Javelin Throw	61.50
	Heptathlon	6300
8200	Decathlon	
1:22:30	20km Race Walk	1:33:30
3:59:00	50km Race Walk	4:30:00
Top 10 at IWR + 6 from Top Lists	4x100m	Top 10 at IWR + 6 from Top Lists
Top 10 at IWR + 6 from Top Lists	4x400m	Top 10 at IWR + 6 from Top Lists
Top 12 at IWR + 4 from Top Lists	4x400m Mixed	Top 12 at IWR + 4 from Top Lists

## CONDITIONS FOR THE VALIDITY OF PERFORMANCES

- All performances must be achieved during competitions organised or authorised by the IAAF, its Area Associations or its National Federations and conducted in conformity with IAAF Rules.
- For Marathons and Race Walks, IAAF publishes on its website a list of courses and competitions that comply with the below.
  - Marathons
    - Performances for qualifying purposes may only be achieved on a course measured by an IAAF/AIMS Grade “A” or “B” International Road Race Course Measurer with the measurement certificate established no more than 5 years before the date of the race.
    - The overall decrease in elevation between the start and the finish shall not exceed 1:1000, i.e. 1m per km.
    - The contact email address for any matters related to qualifying marathon courses is [alessio.punzi@iaaf.org](mailto:alessio.punzi@iaaf.org)
  - Race Walks
    - Performances achieved at Race Walk Events staged at International Competitions defined under IAAF Rule 1.1(a), (b), (c), (d), (e), (f), (g) or (j) are valid towards the achievement of the Entry Standards providing the following conditions (where applicable) are respected:
      - the course is measured by an IAAF/AIMS Grade "A" or "B" International Road Race Course Measurer with the measurement certificate established no more than 5 years before the date of the race;
      - a minimum of 3 International or Area Race Walking Judges are on duty.
    - Performances achieved at International Competitions defined under IAAF Rule 1.1 (i), or at National Competitions, are valid towards the achievement of the Entry Standards ONLY if the Member Federation concerned submits a specific application to the IAAF. The application letter, indicating the date, venue and programme of events of the Competition, must confirm that the above conditions will be respected. It must be submitted before the race on the Application Form provided in the Doha 2019 IAAF Circular Letter. The contact email address for any matters related to qualifying race walk courses is [luis.saladie@iaaf.org](mailto:luis.saladie@iaaf.org)
- Special conditions for validity of performances:
  - Performances achieved in mixed competitions in track events will not be accepted. Exceptionally, in accordance with IAAF Rule 147, performances achieved in events of 5000m and 10,000m may be accepted in circumstances where there were insufficient athletes of one or both genders competing to justify the conduct of separate races and there was no pacing or assistance given by an athlete(s) of one gender to an athlete(s) of the other gender. If applicable, Member Federations must submit a specific request to the IAAF Competitions

- Department ([events@iaaf.org](mailto:events@iaaf.org)) providing the documentation as required.
- Performances which are wind assisted or for which a wind reading is not available shall not be accepted.
- Hand timing performances in 100m, 200m, 400m, 800m, 110m/100m Hurdles, 400m Hurdles and 4x100m Relay will not be accepted.
- Indoor performances for all field events and for races of 200m and longer, will be accepted.
- For the running events of 200m and over (including combined events), performances achieved on oversized tracks shall not be accepted.
- For the Race Walks
  - track performances (20,000m or 50,000m) shall be accepted;
  - performances achieved in competitions conducted with the penalty zone (pit lane) rule shall be accepted.
- For the Combined Events at least one of these conditions must be met:
  - The wind velocity in any individual event shall not exceed plus 4 metres per second.
  - The average wind velocity (based on the algebraic sum of the wind velocities, as measured for each individual event, divided by the number of such events) shall not exceed plus 2 metres per second.

## TIMELINES

Date	Milestone
7 March 2018	Start of the qualification period for 10,000m, Marathon, Race Walks, Relays and Combined Events
7 September 2018	Start of qualification period for all other events
12 May 2019	Relays qualification at IAAF World Relays in Yokohama
31 May 2019	Preliminary Entries deadline
26 August 2019	Deadline for submitting names of unqualified athletes
6 September 2019	End of qualification period for all events
7-15 September 2019	Confirmation of athletes and relay teams qualified through Top Performance Lists
16 September 2019	Final Entries deadline
25 September 2019	Final Confirmations for first day of competition (12:00, midday)
26 September 2019	Technical Meeting
27 September 2019	Start of IAAF World Athletics Championships Doha 2019

## AREA CHAMPIONS

The following regulations shall apply for Automatic Qualification to the IAAF World Championships (not applicable for relays and marathon).

1. The Area Champion (in each individual event to be contested at the World Championships) automatically qualifies for the World Championships, irrespective of whether his performance has reached the Entry Standard. This does not apply to 10,000m, 3000mSC, Combined Events, Field Events and Road Events where the entry of the athlete will be subject to the approval of the Technical Delegates.
2. The Area Champion shall be the one who has achieved the title either in 2018 or 2019.
3. The Member Federation of the Area Champion will have the ultimate authority to enter the athlete or not, based on its own domestic standard or qualification system.
4. If the Member Federation of the Area Champion enters the athlete, he will be considered as having achieved the Entry Standard.
5. If the Area Champion, for whatever reason, is not entered, his quota will not be delegated to the second placed athlete and the normal entry rules and conditions apply.

6. For those Area Championships that do not have certain events, the Area Associations can organise alternate Area-specific event Championships with conditions conforming to Area Championships Regulations. The IAAF shall be notified of such alternative Championships at least one month in advance of the events' being held.