

European Athletics Indoor Championships 2019 Entry Standards & Conditions

Entry Standards

MEN		Event	WOMEN	
Indoor	Outdoor		Indoor	Outdoor
6.78	10.35 (100m)	60m	7.42	11.30 (100m)
47.40	46.40	400m	53.90	52.75
1:49.20	1:47.20	800m	2:05.00	2:02.75
3:45.00 4:01.00 (mile)	3:40.00 3:57.00 (mile)	1500m	4:18.00 4:36.00 (mile)	4:13.00 4:32.00 (mile)
8:05.00	7:50.00	3000m	9:05.00	8:55.00
7.88	13.70 (110m H)	60m H	8.24	13.15 (100m H)
Top 6 teams		4x400m	Top 6 teams	
2.26		High Jump	1.90	
5.65		Pole Vault	4.50	
7.95		Long Jump	6.50	
16.50		Triple Jump	13.85	
20.15		Shot Put	17.10	
Top 12 athletes		Combined Events	Top 12 athletes	

Entry Conditions

1. For individual events:

- 1.1 Each European Athletics Member Federation may enter up to 4 (four) athletes in each individual event of whom up to 3 (three) may participate provided all of them shall have achieved the qualifying standard for that event.

Alternatively, each European Athletics Member Federation may enter one athlete in each individual event, if such athlete has not achieved the qualifying standard for that event. The acceptance of these unqualified entries is at the discretion of the Technical Delegates, considering the number of entered athletes but always ensuring the quality of the event. The next ranked performances to the set entry standards shall be considered, if complying with 203.5.

- 1.2 According to the European Athletics Regulation 203.8 and the Appendix 2, the number of athletes to participate in **Combined Events** is limited to twelve (12) in each event.

Six (6) places will be allocated to athletes according to their rankings in the European best performance lists for Decathlon (men) and Heptathlon (women) of the outdoor season of 2018. The list of qualified and confirmed athletes in accordance with the outdoor ranking 2018 (six athletes) will be published in December 2018.

Six (6) additional places will be allocated to athletes according to their rankings in the European best performance lists for Heptathlon (men) and Pentathlon (women) of the indoor season of the year of the Championships, up to at 10 days prior to the first day of event (19 February 2019). The detailed information on the entry procedures for Combined Events will be provided in due time.

2. For Relays

According to the European Athletics Regulation 203.7 and the Appendix 1, the number of teams to participate in relays at the European Athletics Indoor Championships is limited to 6 teams in each 4x400m event. The places for relay teams shall be allocated in accordance with the order of ranking of European Athletics Member Federation teams in the 4 x 400m outdoor list of 2018.

The detailed information on the entry procedures for the relays will be provided in due time.

Conditions:

- Performances must be achieved between **1 January 2018 and 21 February 2019 (14:00 CET)** (except for Combined Events and relays, please see above);
- Performances must be achieved in bona fide competition (either indoors or outdoors) organised in conformity with IAAF Rules;
- Performances must be achieved during competitions organised or sanctioned by the IAAF, its Area Associations or its National Member Federations. Thus, results achieved at other competitions must be certified by the National Federation of the country in which the competition was organised;
- Performances achieved in mixed events (between male and female participants), held completely in the stadium, shall not be accepted as entry standards;
- Wind assisted outdoor performances will not be accepted;
- Hand-timed performances in 60m, 100m, 400m, 60m Hurdles, and 100m/110m Hurdles will not be accepted;
- For the running events of 400m and over, performances achieved on oversized tracks will not be accepted.